FOUR PATTERNS. New Directoire **SKIRT,** Smart Lace **BLOUSE,** Embroidered Empire **BOLERO,** Child's Nursery **TUNIC.**

MYRA'S Journal

3D.

The Leader of Fashion

Vol. XXXV.
No. 11.

NOV., 1908.

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No. 7889.—The New Directoire Coat
(To wear with the Free Skirt Pattern).
For Description see Pages 32 to 36.
Price of Paper Pattern, 9½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Myra's Journal.

NOVEMBER, 1908.

PROFUSELY ILLUSTRATED.

Early Winter Fashions

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NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

PERHAPS the most noteworthy change in the styles is the alteration of the sleeve, which has suddenly merged from the kimona type, full at the elbow, to the "skin-tight" variety. The elbow-sleeve has also suddenly lengthened; and, instead of bare fore-arms, we now have buttoned or rucked tight long sleeves falling right over the hand. With the advent of the "skin-tight" sleeve, the shoulder-line has appreciably shortened.

Not that the "skin-tight" sleeve is a necessity. It is the prevalent type, but many blouses and evening bodices are made with drooping draped puffs which contain a great deal of material. But, like the Directoire skirts, these must be very soft, inclined to "flop" indeed. There is sufficient latitude in the styles to give all tastes a chance. Slender women, of "skimpy" build, detest sleeves tight at the shoulder, and these can wear the drooping draped sleeve. Coat sleeves, too, although fitted into the armhole without a wrinkle, can have a few pleats at the shoulder if preferred. Nor need the "skin-tight" sleeve be always long. Not a few smart blouses have the rucked sleeve ceasing just below the elbow.

The shirt blouse still boasts a shirt sleeve, but it is scanty, only just eased at the shoulder and into the cuff band.

Fur coats can have the smooth, long coat sleeve (*not* close to the arm, but rather wide), or else can have the coat sleeve with pleats at the shoulder. The full sleeve arranged into a cuff, however, is quite gone out for furs.

The coat of the winter is undoubtedly the Directoire, long or three-quarter length. Large revers, a rather high waist, long, fairly tight coat sleeves are a feature. Big pockets and cuffs are a real mark of the type, but these are often omitted, especially for short people. The high Buonaparte collar is the correct thing. One of these exquisite coats will be given as one of the Free Patterns with MYRA'S JOURNAL next month. The Directoire coat can be of the skirt material, or it can be a separate wrap of velvet, fur, handsome cloth, &c. It should not be worn with a short skirt, but with a long, clinging, Directoire model.

What an enormous amount of velvet is being worn! Princess gowns of velvet are the richest and most beautiful for evening wear, in exquisite colours. Elegant skirts and draped bodices, with tight, folded little sleeves, are as much in favour as are Princess and Directoire gowns of velvet. Never does a Directoire coat-and-skirt look more beautiful than in velvet. As to the little velvet coats, their name is legion, and each is prettier and smarter than the other. A very good example is shown at No. 7929. This is edged with braid (silk) in the new style, which is very smart. The braid edging velvet and fur coats is a novel note this winter.

The winter colours are charming. A very good plan has obtained of recent years, by which all materials, feathers, ribbons, &c., are dyed alike in a series of shades, so that they go together—an exact match. Even buttons, lace, and passementerie can be got of the exact tone required. Among the new colours are two lovely shades—Nankin blue and Atlantic green, this last having a grey shade across the green-blue, which does, indeed, recall the tint of vast ocean waters. Nankin blue is a brighter colour, but a very beautiful one. Heron grey is another of the new shades; the French, who produced it call it *plomb* (lead), and it is not unlike the "elephant" grey, which has been so much admired of late years—it is a cross indeed between "elephant" and the paler, more delicate "mole." This may have suggested the new brown—"otter," —which is so soft and rich. *Couturiers* of the rue de la Paix are turning out complete costumes of otter brown—coat-and-skirt, feathered hat, gloves, shoes, and all details. A shaded feather looks well on an otter-brown felt, shading from the darkest tint to a pale cream. Another new and very favourite tint is a deep purple or violet, to which many names have been given. This new tint has entirely superseded navy and Royal blues. Like the "otter" shades the new purple varies in intensity.

In reds the new shade is a deep rose colour, called "fuchsia," which is specially beautiful in cloth or crêpe de chine. It is a favourite evening colour.

No fault can be found with winter coats and gowns. But the millinery? Well here extreme caution is required, for really some of the expensive hats smack of vulgarity. They are immense — crown high, brim abnormally wide, the width especially extending from side to side. This creation is smothered in ostrich feathers or has wings a yard long, whether the hat be of ribbed silk, of velvet, of felt, or of beaver. The back view of a woman wearing the more *outré* of these hats is simply ridiculous. The size, too, is highly inconvenient. A woman who chooses thus to martyrise herself—because a broad brim becomes a pretty face—is, of course, at liberty to do so; but surely she has no right to inconvenience her neighbours. The cry against the matinée hat is rising higher, and I should not be surprised if some exasperated men should lose their tempers and drag off the structures which completely hide the stage from them. When one has paid half a guinea for a seat, and has given up a few hours at some inconvenience in order to see some favourite play, it is more than human nature can stand to have one's whole pleasure spoilt and one's time and money wasted because a selfish woman is serenely indifferent to the right of her neighbours. Of course, *all* hats should be taken off at a performance, even the small ones.

And there are very pretty smaller hats. The long-neglected "boat" shape in a very smart form is revived. Here again, wing and tail feathers are apt to be a little oppressive, but the general taste and colour schemes are beyond praise. And there are some pretty picture hats of velvet with more modest brim and "jam pot" crowns, which are very graceful if not too overloaded with trimming. Some remarkably pretty shapes are quite spoilt by having all grace of outline disfigured by piles of ribbon and passementerie and feathers, which produce a silhouette not unlike a shapeless bundle of clothes. Such "overwhelming" hats are specially unbecoming to short women.

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FASHIONS IN FURS AND FUR RENOVATIONS.

By "MYRA."

AMONG the prettiest of the cheaper furs is the grey Russian squirrel, which is no bad substitute for the expensive and very fashionable chinchilla. A grey squirrel coat is charming with a Directoire skirt of heron grey cloth.

With a Directoire coat and skirt of grey, purple, or black face cloth, built on our Free Skirt pattern (page 27), with the lovely coat, No 7889, on page 3, a stole and muff of grey squirrel would look very well indeed.

The new fur coats are all short-waisted (see Nos. 7890, 7891, and 7894). In renovating a fur coat, it should be impressed on the furrier that the waist *must* be high, especially at the back. The necessary change in a sacque coat of last year—they were rather full at the lower edge—can be accomplished at home by pinching the seams into curves, showing the requisite high waist.

No. 7890 explains what I mean. Last year this was a pretty caracul semi-fitting sacque, single-breasted, closing with metal buttons and cord loops. The constant fingering of the fastenings had spoiled the edge of the fronts, and the lower edge was worn rather bare. There was a sort of cape collar which has now entirely gone out of fashion. The sleeve was large at the shoulder, and the lower part was open—the pagoda shape.

First of all the loose waist at back and sides was pinched in—rather high. The spoilt fronts were cut away so as to merely touch, edge to edge. The large collar was taken away. A portion was turned into the military collar illustrated (faced with fur), and the rest of the collar was used to patch the coat in worn places (under the arm, the sides, &c.). The fur facings were replaced on the fronts, the edges shorn away for freshness. A black silk braid was stitched all round the edge of coat and collar. The pagoda sleeve was changed into a coat model by taking out a wedge from elbow to wrist. The coat was relined with grey satin, and a grey broché waistcoat filled in the open fronts, edged with the black silk braid.

I never advocate the making up of furs, as this is a special trade, and fine skins would be spoilt by the most intelligent of amateurs; but a careful person, with pieces of good fur obtained by cutting down an existing coat, can generally manage to renovate. The great thing is to so insert your patches that you place the hairs fringing *over* the cut edge against those parts of the cut coat where the hairs branch away from the cut. Similarly, the patch's barer edge must be slipped under a fringed one—an animal's hair naturally inclines in a certain direction, and a uniform richness of hair in furs is only obtained in the first place by patching together the fur in small pieces as I have described.

The utmost circumspection is required in cutting fur. If you slice away with a large pair of scissors, as you would cloth, you cut away all the "fringe" from the cut edges, and this loss would make it impossible to hide seams, or to obtain a large-sized surface of fur of respectable appearance.

No. 7890.—The New Fur Coat.
(Good Model for Velvet or Seal Plush.)
For Description see this Page.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Small, blunt-nosed scissors must be used—nail scissors do admirably for most furs. You must cut from the back, and push your scissors into the fur only sufficiently to snip the skin—not touching the hair at all. Cut the fur in a series of little snips, marking out your exact lines in white chalk on the back of the skin.

Nos. 7891 and 7894 show two pretty little high-waisted coats, the one of mink and the other of seal. The sleeves have a few pleats at the shoulders. No. 7891 has the fashionable Bonaparte collar; the fronts can turn back in revers or hook across each other. The collar hooks edge to edge. The coat, when the fronts are turned back, closes with a single hook and eye beneath the tasselled cord brandenburgh. This coat is a very pretty model for black velours du Nord.

No. 7894 would make up very well in seal plush, with ermine or grey squirrel collar. The coat closes with buttons and loops.

A great deal of ermine is being worn. Some of the smartest of the new pélerines are carried out in ermine and white lace. The beautiful model, No. 7927, on page 25, looks excellent in ermine. Many fur, plush, or velvet coats have ermine collars, like No. 7894, and like the two pretty collarettes illustrated on page 40.

A curious fashion in furs is the cutting up of the fur surface with insertions of thick lace. It is a novelty, but seems rather senseless, and gives one a feeling of regret that rich fur should be cut up in this way. Some evening cloaks are carried out practically in alternate bands of sable and lace; some have the main part of the fur, the edge only showing the alternate bands.

Plenty of fur tails are to be seen on fur pélerines and stoles, also rich silk fringes. Fur is being largely used in millinery. Some velvet hats have the wide brim lined or edged with fur. Other hats have a fur brim and a draped velvet crown, or the crown will be of fur and the brim will be smoothly covered with velvet.

The pretty, inexpensive muff of white imitation fox, No. 7893, shows the taste for tails. Just this type of muff is being made up of beautiful sable. It is a favourite form also for the fashionable and comparatively cheap grey squirrel.

The larger fur stoles have fringes of tails at the back, reaching almost to the high waist, the fronts being very long, tipped with tails.

For convenience the pretty collarettes of fur can be recommended, like those on page 40, also No. 7892 on page 7. The round collarettes have a satin frill, matching the lining, and toning, of course, with the fur. The longer collarettes just cross in front, and close edge to edge round the neck, the broader ends falling on the coat. No. 7942, on page 40, is of ermine. No. 7892 is in striped "half-skin" squirrel, the two shades of the fur very smartly arranged.

"I shall in future take 'Myra's Journal' in preference to any other."—Miss O. H.

No. 7891 No. 7892

No 7893 No. 7894

FASHIONS IN FURS.

(Coats are good styles for velvet, astrakhan cloth, &c.)

For Descriptions see Page 6.

Price of Coat Patterns, each 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7895.—Winter Costume of Dark Green Plaid.
For Description see pages 32 to 36.
Price of Paper Patterns, Skirt, Foundation Skirt, or Coat, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

EMPLOYMENTS FOR WOMEN

SECRETARIAL TRAINING.

By EDITH O'SHEA.

IT is at last being gradually recognised that a girl who has her living to earn is as much entitled to as good a training, in whatever branch of work she takes up, as the average young man. Hitherto in an ordinary family what money could be spared for education and training has been usually spent on the sons, the girls being obliged to manage as best they can, this invariably meaning that they must remain at home and become adepts at "make-shifts" or stop-gaps, their one hope of attaining anything else being limited to marriage; and, considering the environment and circumstances of so many girls, this latter is often a frail and uncertain hope to depend on.

But now, one is thankful to say, through the instrumentality of clever women generally, who felt deeply the injustice of such a state of things, a better time is coming for the girls, and ample proof has been given that they are not slow to avail themselves of their opportunity. The future career should be carefully chosen—one being selected which is not overcrowded, and which offers some chance of fair remuneration.

Many girls have a decided leaning and talent towards secretarial work, and when well trained they will find good remuneration. But—and it is a large but—their training *must* be good, capable, and practical; it is simply throwing time and money away unless this is thoroughly understood and acted upon.

There are very many small schools and offices that offer for a small sum, or for return of services for a certain time only, to train girls in secretarial work; but for a girl who wishes to make her way in the world, who, when she is thoroughly trained, desires, and naturally expects, a good post, these are of no use. They may be good as far as they go, but they do not go far enough.

The one college that differs from and stands alone in this respect from all others is Kensington College, Queen's Road, Westbourne Grove, Bayswater, W., and its results are marvellous. It not only undertakes a thoroughly efficient training of its students, but positively undertakes also to provide for each one of them, when qualified, a dignified and remunerative appointment. I do not know of any other college that can and would do this.

There are two departments—one for young men, and one for young women—among the latter are a very large number of clergymen's daughters. The best age for students to enter this college is immediately they leave ordinary schools, as then no time is lost. Only students of satisfactory character and good education are received, and every applicant for membership must be able to give references. Thus parents can be quite sure their daughters will be in a good environment.

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O'SHEA.

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No. 7899

BEAUTIFUL WINTER BLOUSES.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 6½d. Full-size Transfers for Embroidery of No. 7897, price 5½d., and for Embroidery of No. 7898, price 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7900.—A "SEAMLESS" SKIRT AND PLAID COAT.
For Description see Pages 32 to 36.
Price of Paper Pattern, Skirt, or Coat, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

The girls join what is known as the Special Secretarial Course, which, in its lower divisions, consists of the following subjects: shorthand, typewriting, book-keeping, modern languages, office management, and secretarial correspondence.

As soon as the strictly academical work is over, the student enters the "Model Offices." These are fitted up with all the requisites of a secretarial bureau, all the thousand-and-one things necessary to carry on secretarial duties in the most expeditious and efficient manner. All in these "offices" are fully trained and have the practical experience so necessary to success—in the absence of their chief they are capable of taking charge of the office, of interviewing visitors, and of conducting the greater part of his correspondence. Some of them are ideal secretaries, and able to do almost anything that the chief can do himself. The experience of the College has been that the number of applications from Members of Parliament alone for the services of its fully trained secretaries has been more than the College could satisfy.

The students are trained for positions as private secretaries, correspondents, accountants, book-keepers, &c., and as soon as qualified a remunerative appointment is offered each student, the commencing salaries varying from about £65 to £130 per annum, and rising to £150 to £200 upwards.

This, I think, shows what a very good position a fully qualified and ambitious girl may attain.

All fees are due in advance, but to meet the convenience of students, payments by the term, or even month, may be arranged. The fees are as follows:—

For one complete year's training course:

Third-class diploma, secretarial training, and appointment guaranteed, eighteen guineas.

Second-class diploma, secretarial training, and appointment guaranteed, and one foreign language, twenty-five guineas.

First-class diploma, secretarial training, and appointment guaranteed, and two foreign languages, thirty-four guineas.

There is also a residential college, 26, St. Stephen's Square, W., for those who care to live in, and board-residence is from sixty guineas.

The three terms which comprise the College year are usually sufficient to enable the student to attain proficiency, so the expense, compared with results, is comparatively small. Should it happen, as it sometimes does, that a pupil is not qualified at the end of the year's course, another term's instruction may be arranged on payment of a term's fee.

Anyone desiring fuller particulars should consult the head of the College, Mr. Mumford, who is quite willing to see and advise anyone daily from 10 to 5 o'clock.

[Trained secretarial work is a good opening. We strongly deprecate any girl taking up one of the poor "pocket-money" occupations, as it only wastes her time and helps to depress the labour market for both women and men.—EDITOR.]

GRAPHOLOGY DELINEATIONS.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, *Fetter Lane, E.C.*

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

Skeptic.—The chief characteristic of this handwriting is the sequence of ideas it reveals. You are very reserved, but kind-hearted, although you dislike any extravagance. You are versatile, but would never undertake anything without giving it careful thought, and this, with your logical powers, should make you successful in your enterprises. You pay great attention to detail, but you are rather wanting in force of will. A certain amount of self-satisfaction is shown by the even height of the capital "M." You have your share of personal dignity, and would always like to stand well with your friends.

Miss Woodbridge.—The chief characteristic of this handwriting is the kindly feeling and tactfulness it shows; you would never hurt anyone's feelings in anyway. You are very generous, and would do your best to help anyone. You are fond of social life, and would be a favourite among your friends. The running style of your writing shows that you have a rapid mind, and have the gift of easy and fluent expression, yet can be very reserved when occasion requires. Your signature shows kindliness and decided force of character.

Jumbo.—This handwriting shows great self-reliance, and you would always take a hopeful view of things. You have also the great gift of tact. You are careful about details, and your ideals are high, and in all your work you would always keep a high standard before you. You admire all beautiful things, and have a good sense of colour. Your will is not very strong, but you should be a good judge of character as a rule. The form of the capitals show you to be possessed of personal dignity. You are ardent and impulsive. The signature is good, showing a hopeful nature and dislike of vulgar display.

Irish Biddy.—This specimen shows a hopeful nature, and the power of always looking on the bright side of things. You are ardent and impulsive, but would not rush into anything without carefully thinking it over first. You are very tidy and careful of details. You are fond of pretty things, and good colours give you a sense of delight. You have personal dignity, and at times can be very reserved, although as a rule you are not so. The will is not as strong as it might be; this at times is apt to make you a little undecided when the necessity arises for taking a certain course of action; try and cultivate it more. The signature repeats the love of colour and dislike of all insincerity.

Tracy.—You have much artistic perception, delicacy of feeling, and a fair amount of patience. You are intuitive, and pay considerable attention to detail. The uncommon form of some of your letters show originality, but also a spice of vanity. You are honourable and tactful. You have distinct imagination and plenty of energy. Your signature shows constancy in attachment and a certain amount of self-esteem.

R. R. (sent with above).—Two coupons were sent, so two delineations can be given. This specimen shows self-reliance and a certain amount of versatility. Personal dignity is shown by the form of the capitals, also a sense of the beautiful. You are intuitive, and should be a good judge of character. You are energetic, but the will is not very strong; you would do well to cultivate this more. You are very reserved as a rule, although there are occasions when you would

No. 7901.—Directoire Coat of Velours du Nord.

For Descriptions see Pages 32 to 36.

Price of Paper Pattern 1s. 0½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane. E.C.*

No. 7902.—INDOOR GOWN OF STRIPED VELVETEEN.

For Description see Pages 32 to 36.

Price of Paper Pattern, 1*s.* 6½*d.; post free, from* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

give your confidence to a trusted friend. You are kind-hearted, and would be very loyal and constant to those you care for. The temper is apt to be a little quick sometimes, and you should be very careful to guard against the tendency to indecision; consider things well, and once having made up your mind keep to it.

NONNIE.—The chief characteristic shown by this handwriting is self-reliance, and you are also of a hopeful nature. You are very orderly and tidy, and pay great attention to deails, and have certainly chosen your work well, for you are a good manager and dislike extravagance and waste in any form. You have plenty of personal dignity, as shown by the form of the capitals. As a rule you are reserved, although with trusted friends you will give your confidence. Love of the beautiful both in form and colour appeal to you strongly. The signature shows self-reliance, hopefulness, and ability to stand alone.

OMAR KHAYYAM.—This specimen shows great carefulness, precision, and attention to detail. You are orderly and tidy, and possess much patience and perseverance, so that you would go on steadily to the goal you aim at. You are kind hearted and very tactful, being always able to say the right thing at the right time. You are honourable in all your dealings, and would always keep a high standard of work before you. You are a very fair judge of character, and are also very reserved, both as regards the affairs of your friends as well as your own. The signature is simple and unaffected, also showing steadfastness in affection.

CORA. DORA.—Great courage and pluck are shown by this handwriting. You are a good judge of character, and have plenty of energy. These combined characteristics should give you much success in your business, for you are careful as well, paying attention to all detail, and although you are ardent and impulsive by nature yet you can be very painstaking. You are hopeful on the whole, very reserved, but withal very kind, and would always extend a helping hand to those less well off than yourself. The signature shows hopefulness, tact, and a liking to stand well with your friends.

BAMBOO GROVE (China).—I am always very pleased to hear from the many subscribers to MYRA who live so far away, and your letter arrived in good time. This handwriting shows great refinement and sensitiveness. You are kind hearted and extremely sympathetic, and all beautiful things would appeal to you strongly. I judge you to be fond of painting, delicate needlework and embroidery, and music. You have a clear and flowing style of writing, which would give you power to express your thoughts fluently and easily, and you would never be at a loss for a word, your mind working rapidly and quickly. You are very reserved, but very loyal and constant, and would do much for those you care for. The will is firm, but not aggressive.

CURIOUS.—The chief characteristic of this handwriting is self-reliance and hopefulness. You have also plenty of pluck and courage, and would not be easily daunted. You would be very painstaking with your work and careful about all detail. This, with your fondness for needle and machine work, combined with the sense of beauty and form shown by your capitals, should make you a good dressmaker. You are very reserved, and have high ideals, but once your affection is given you would be loyal and true. You have personal dignity, and would never, so to speak, "give yourself away."

CLEMATIS.—Originality and imagination are shown by the peculiar forms of the capitals. You are very intuitive, but are inclined to be indecisive; learn to make up your mind, and once having done so let nothing alter your decision. You like your own way in things, and are inclined to be rather wilful. You are very reticent; this is well, for you will find that to develop and strengthen your character you must learn to decide for yourself in life. You are tactful and observant, and dislike extravagance. I am afraid I cannot see any decided talent, but if you have a liking for teaching you might succeed in that.

(Continued on page 46.)

No. 7903.—LOVELY DIRECTOIRE GOWN WITH THE NEW SASH.

For Descriptions see Pages 32 to 35.

Price of Paper Patterns, 1s. 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

HOW TO USE UP ODDMENTS OF LACE.

By "MYRA."

LAST month I gave directions as to making one-piece blouses out of lace oddments picked up at various times at sales, &c. In this number I am suggesting pretty additions to renovate blouses (or to make up new ones), made out of small pieces of lace and yards of Valenciennes insertion and edging. These last can often be picked up, at all times, in quality sufficiently good, at a fraction of a penny per yard.

No. 7904 shows a renovated satin blouse, which has been cleaned but which is shabby in places. The sleeve must be cut down to a fitted coat sleeve to the elbow, and all decorations must be removed. Then the shabby front, backs, and sides are entirely covered with frills of Valenciennes—very slightly full, only full enough to lie nicely in place. For the yoke part Valenciennes insertion will do, but insertion must be sewn together in rows *before* being mounted on the blouse, while the frills are mounted each on the blouse, beginning with the top row, as this must be nicely placed *exactly* where it is wanted. The frills can be of any width, but the width should be uniform.

The satin sleeve is covered with frills. Below the frills folds of chiffon can be placed, decorated with an appliqué cut from some lace in which the net ground is torn and useless.

Appliqués, cut from the torn lace, supply the bretelles, mounted on bands of velvet (lined with lino). Velvet ribbon forms the pretty tie in front. The belt should also be of velvet. The collar is covered with Valenciennes.

A net blouse, which has had to be repaired, can be finished up in this way. Either black or white lace could be used. A frill of the lace edges the collar.

No. 7905 is entirely made up of oddments. Backs, front, and sleeves are of filet net. The yoke, collar, and cuffs are made up to flat pattern with Valenciennes insertion. The smart bolero is of guipure or Irish crochet lace, edged with a narrow trimming of lace braid. A band of velvet is laid under the neck edge of the bolero, there are two velvet buttons (wood frames covered with velvet) on the fronts, and the belt is of velvet.

No. 7904.—A Valenciennes Blouse with Lace Braces.

For description see this page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7905.—Net Blouse with Lace Bolero.

For Description see this page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

The bolero should be made detachable, and is the very thing to wear over any smart chiffon, silk, or net blouse which has split or become shabby under the arm—the place where blouses of delicate fabrics are apt to wear or split. It should be cut in one piece, seamed only under the arm, but if the lace is in small pieces a shoulder seam could be made, nicely joined, with design meeting as much as possible. The bolero could also be shorter—if the lace pieces are small—ceasing above the belt, or hanging free, edged (like neck and armhole), with the lace braid trimming. If there are not many yards of Valenciennes insertion, keep them for the yoke, and make collar and cuff out of the guipure pieces. Any pretty

No. 7906.—Tucked Tulle Blouse with Lace Kimona.

For Description see this Page.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

muslin, net, chiffon, &c., could be used instead of the filet lace.

No. 7906 shows a blouse of accordion-pleated muslin, with the new "skin-tight" sleeve, decorated with a very smart sleeveless brace bolero which is made out of a remnant of handsome Renaissance guipure. This is mounted on "Atlantic" green satin and is edged with Atlantic green velvet ribbon. The armhole is very large, and the space is strapped across under the arms with bands of ribbon held with velvet or round metal buttons. The open front is strapped across in the same way, and the corners are decorated with little velvet ribbon rosettes tipped with chenille tassels. This is a very pretty idea. The brace bolero should be a separate thing, as it can be used to smarten (or freshen up) plain blouses of silk, muslin, &c. Here again, if the lace runs short, the bolero need not be so long, but can fall loose above the belt.

In our pretty illustration, the blouse sleeve is trimmed with a cuff of the ribbon-trimmed lace, but this is not necessary. If the bolero is to be a separate thing—its most useful aspect—the materials used for it need not appear on the blouse from beneath it.

The under-blouse (No. 7906) is a very pretty one, showing how to use accordion-pleated material. The pattern is cut from the ready-pleated material. The pattern of the sleeve is in one piece to the elbow, where it is shaped with a deep dart. The lower seam of course is curved as usual.

Two very pretty suggestions for lace oddments will be found at Nos. 7943 and 7947 (page 40); also at No. 7902 (page 12).

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen.' —N.B.

No. 7907.—A LOVELY "UTILITY" GOWN, WITH DRAPED PRINCESS TUNIC.

For Descriptions see Page 28.

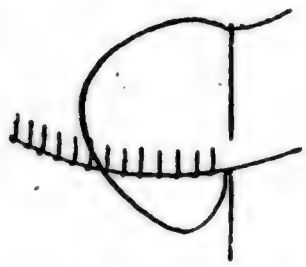
Price of Paper Patterns, Princess Tunic, 1s. 0½d.; Skirt or Foundation Skirt, each 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

A NEW KIND OF TRIMMING

WORKED IN PERI-LUSTA "JEWEL" THREAD.

By MRS. HAMER-JACKSON.

IT is quite a long time now since I told my readers about the growing success of the old-fashioned chain stitch. On a recent visit to Paris a few weeks ago the fact was again forcibly brought to my mind by the large number of handsome dresses decorated entirely with this kind of trimming.



How to Work the Scallops.

Chain stitch is by no means a novelty. It is, I believe, the oldest, most used, and perhaps most abused of all the different stitches ever created by the use of a needle and thread.

The working of the stitch is so simple that children are generally able to do it, and it consists only in bringing the thread out on a traced line; then place it to the left, and under the left thumb, then put the needle in exactly the same spot at where the thread comes out, and take up an eighth of an inch material on the traced line towards you, pulling the thread through, when you will see the thread shaping itself into a chain link.

This, however, is the bare chain stitch of old time fame, what we want now is the modern adaptation of the work, and this, with the artistic culture and with the deftness of my readers' fingers, is an easy question to settle. We all agree that the chain stitch is wonderfully useful as an outline, quickly worked and accurate. It is also very much employed as a filling and it is here that the artistic turn of mind of the worker is afforded every opportunity. It is quite possible to copy the most delicate flower in all its subtle shades, for every stitch can be made to express its part of the modelling of the form. Only the worker must be an artist in the sense of shades and proportion.

No other stitch lends itself so perfectly to rounds and curves, and the fact that each chain stitch comes right out of the heart of the preceding link is sufficient to give the idea how the colours can be worked to shade most exquisitely from the dark to pale.

For the working of the pretty chrysanthemums design, which adorns the charming Parisian bolero given as a paper pattern in this number, I can only describe it as I have seen it. All the outlines of the flowers are done in copper colour, Peri-Lusta "Jewel" Thread, shade 118, and filled in with several lighter shades of the same colour: Nos. 114, 115, 116, 117, a dark outline throwing out to perfection the pretty shading of the filling.

The leaves are done in the same way, No. 58, dark green, being used for the outline, and moss green, Nos. 55, 56, 57, and 58, for the filling. The darker green is also used for the nerving of the leaves and along the stalks. As described, these chrysanthemums were worked on very rich green velvet, and the result was most artistic and effective.

The same shading can be worked always in preserving the camaieu effect in the flowers of the one colour in all its shades; in purple from deep violet to pale lavender, from dark crimson to pale pink, and yellow brown to pale cream, also in white and cream, &c., &c.; in fact, any scale of shades in colours as near as possible to nature's own bloom.

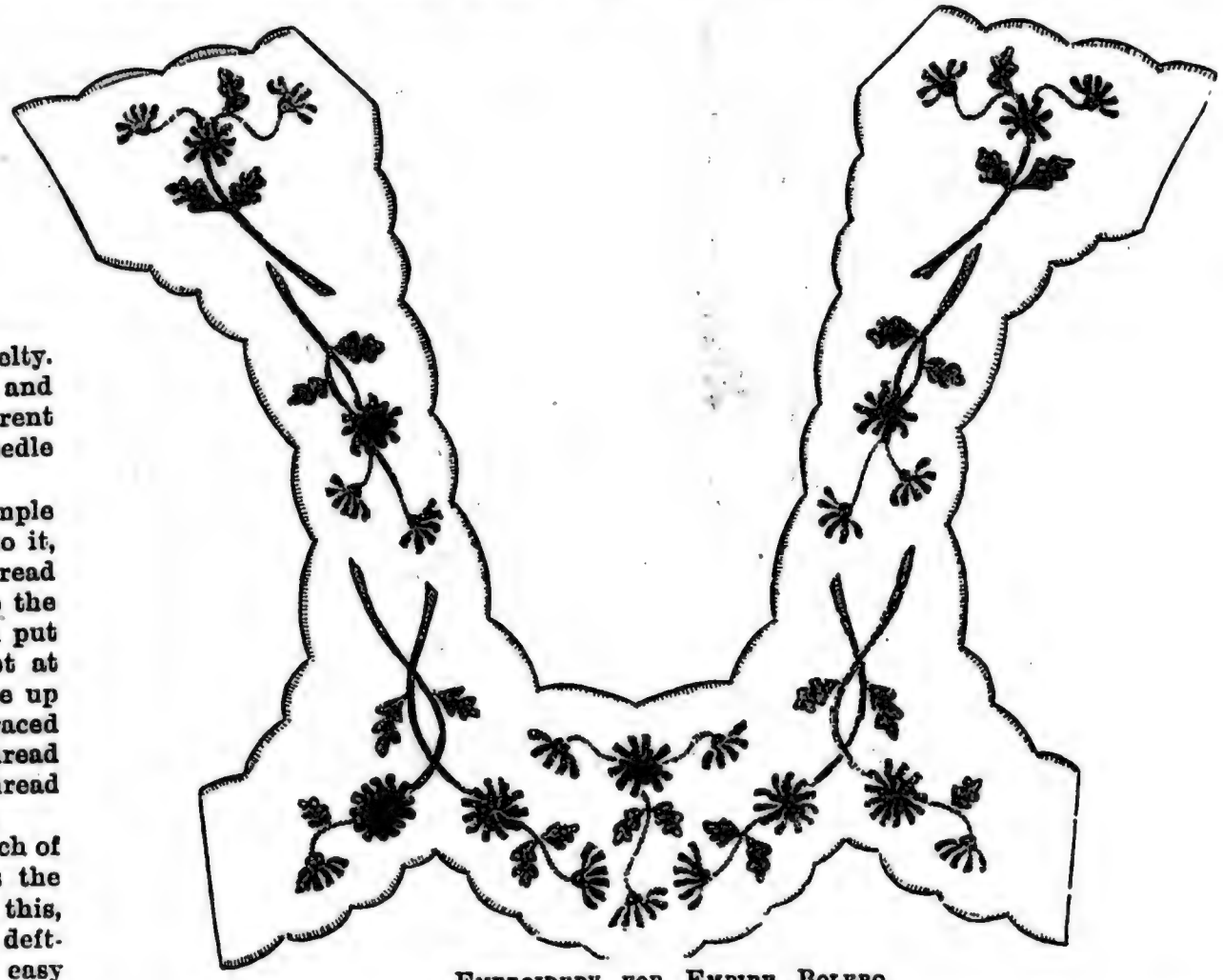
It is obvious that, if the artistic scheme of the work is to be preserved, no art colours produced by manufacture should be used for flowers; but still, the choice in copying real specimens is so great that there is no need to fall into that error.

I cannot leave this subject of chain stitch without speaking about a novel elaboration of doing the chain stitch, and this is called the split stitch. As the name implies, it is a stitch which splits the thread with which the work is carried on, therefore giving it a different appearance.

For this you must bring your thread up on the trace line, and working towards you insert the needle a quarter of an inch below on the same line, then bring the point out an eighth of an inch above, letting it pierce the thread coming from the last stitch, pull the thread through and begin again the same work for the next stitch. You will notice by following the instructions that the needle point is away from you whilst doing the last part of the stitch.

The original stitch is very useful, especially when working with very thick cotton, as there is no loop leaving the material bare as in the centre of the ordinary chain stitch; worked in very fine silk, it is very effective, losing entirely its appearance of chain stitch, and can be made to look exactly like fine "plumetis," the so fashionable French lingerie embroidery or shading stitch.

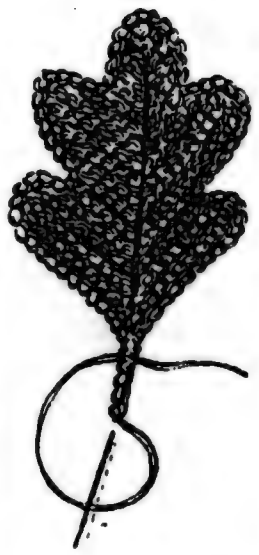
This stitch is also the ideal one to use for figure embroidery, especially in connection with the ordidary chain stitch, using the split stitch for the finer work of the flesh-coloured part, the eyes, nose, and mouth. This is only a note to my readers



Embroidery for Empire Bolero.

(See Free Pattern, page 27.)

Full-size Transfers of the Embroidery (front and two back sprays), can be had, price 6½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*



How to Work the Chain Stitch.

"The dress you have suggested is just exactly what I wanted."—L. O'S.

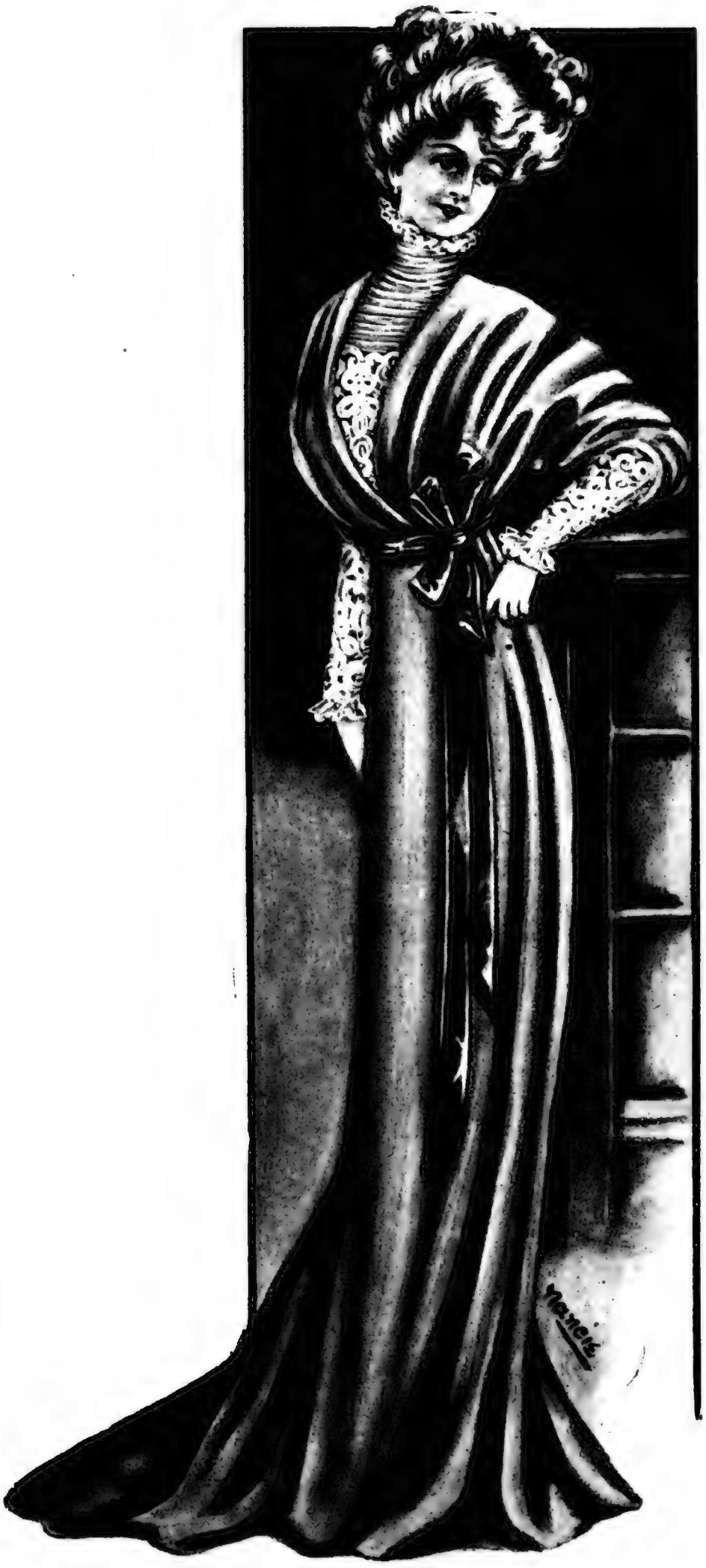
No. 7908 No. 7909 No. 7910

No. 7911 No. 7912 No. 7913

WINTER COATS AND NURSERY STYLES.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Overalls, Suits, Coats, Frocks, each 6½d.; Full-size Transfers of Embroidery for Coat (Collar and Cuffs, No. 7908), price 3½d.; of Embroidery for Overall (Empire Bodice, No. 7910), price 4½d.; of Overall (Yoke and Cuffs, No. 7912), price 6½d., post free, can be had from MADAME MYRA, *10 and 11, Fetter Lane, E.C.*



No. 7914.—A DIRECTOIRE LOUNGE OR TEA GOWN.

For Description see Pages 32 to 36.

Price of Paper Pattern, 1*s.* 6½*d., post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

who are preparing Christmas presents long beforehand, and whilst on this subject I should remind them that chain stitch, if worked short with thick cotton, will do marvels in producing forget-me-nots and lilacs at short notice, and also that it adapts itself admirably to the reproduction of daisy and other small flowers, especially if the chain loop is made longer.

My readers will no doubt find out for themselves many new ways of applying these stitches, and I feel quite certain that, as far as dress trimming is concerned, they will not easily find anything so quickly and economically done which can give the same amount of artistic beauty.

The scallops round the bolero are best omitted for velvet or velveteen, though they are very pleasing in a fine face cloth, like that illustrated on p. 27. The scallops can be even all round, marked out with a two-shilling piece, or they can be larger and varied to suit the figure, as illustrated. The scallops should be worked in an open buttonhole stitch to prevent any fraying.

A nicely-worked bolero such as this would be an excellent article to send in for the Peri-Lusta Embroidery Competition, particulars of which can be had from "Peri-Lusta," 19, Ludgate Hill, London, E.C.

There is a new shade card just published by the proprietors of these beautiful threads. It shows the latest success in dyeing, the threads being passed through a process which renders them fast when washed in soap and water, hence their name "Boiling Dye Colours." All ladies interested in fancy work should procure a card, which can be had, post free 7d. stamps, from the above address.

MYRA'S EMBROIDERY TRANSFERS.

These excellent full-size Transfers of Embroidery designs which we publish monthly are only printed in BLUE. For dark materials, instead of "ironing off" the design on the fabric, tack the transfer in place and work OVER it, tearing away the paper when the embroidery is completed.

EMIGRANTS' INFORMATION OFFICE, 31, Broadway, Westminster, S.W.—The October circulars of the Emigrants' Information Office and the annual editions of the penny handbooks show the present prospects of emigration. The notice boards are now exhibited, and the circulars may be obtained free of charge at more than 1,100 public libraries, urban district councils, and institutions throughout the country. The circulars will be sent regularly every quarter, free of charge, to any workmen's club, village institute, or other body or person applying for them.

The only classes of emigrants wanted in Canada at the present time are farmers financially able to take homesteads or purchase lands, and female domestic servants; there is an excellent demand for these. The demand for farm labourers is over till next spring, and neither these nor mechanics nor general labourers should emigrate to Canada till then on the chance of work. The regulation now in operation in Canada, requiring every emigrant 18 years of age or over to have in his possession at least 25dols. (£5) in cash, and between January 1 and February 15, 1909, 50dols. in cash, at the time of landing, beside a ticket to his destination, is enforced strictly and impartially in the case of all emigrants other than farmers, farm labourers, and female servants.

No. 7915.—A Draped Princess Evening Gown.

For Description see pages 32 to 36.

Price of Paper Pattern, 1s. 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7916

No. 7917

No. 7918

NEW AUTUMN MILLINERY.

For Descriptions see Pages 32 to 36.

No. 7919.—BRAIDED DIRECTOIRE COAT AND SKIRT.

For Description see Pages 32 to 36.

Price of Paper Patterns, Skirt, or Foundation Skirt, each 6½d.; Coat, 9½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 7920 No. 7921

TWO CHARMING DINNER GOWNS.

For Descriptions see Pages 32 *to* 36.

Price of Paper Patterns, Skirts, Foundation Skirts, or Bodices, each 6½*d., post free, of* Madame Myra, 10 *and* 11 *Fetter Lane, E.C.*

No. 7922 No. 7923

DIRECTOIRE GOWNS FOR AFTERNOON OR HOME DINNER WEAR.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirts, Foundation Skirts, Blouses, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7924

No. 7925

No 7926

BEAUTIFUL WINTER COATS AND SKIRTS, SHOWING THE NEW LITTLE VELVET

For Descriptions see pages 32 to

Price of Paper Patterns, Pleated Skirts, each 1s. 0½d.; *Long Coats, each* 9½d.; *Short Coats and Pèlerine, Skirts,*

No 7926 No. 7927 No. 7928 No. 7929

WING THE NEW LITTLE VELVET COAT AND THE LATEST PELERINE OF FUR OR VELVET.

For Descriptions see pages 32 *to* 36.

, each 9½d.; Short Coats and Pélerine, Skirts, Foundation Skirts, each 6½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts, 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

THE NEW DIRECTOIRE SKIRT.

THIS beautiful clinging skirt is one of the novelties of the autumn and winter, when Directoire styles will carry all before them. The pattern of the skirt is in three pieces—one back, one side, half the front. The breadths are beautifully shaped. The back is drawn up, secured on the blouse by a hook and eye, which method supplies the soft folds at the sides and the rich folds at the back. The lower edge is very full. The back rises five inches and the front two inches above the natural waist. Hooks and eyes hang the skirt in a smooth curve upwards on the blouse. This skirt would look lovely in cashmere or face cloth.

The diagram shows the pattern pieces laid on 6 yards 48-inch material, which is opened out and is double beneath the side and back patterns, so that each is cut in duplicate. If a cloth be chosen—fine and soft—or cashmere which is *reversible*, the breadths could be cut one within another to avoid a good bit of waste—unless added corners are seamed on, and this rather spoils the skirt. If the breadths are reversed, 5½ yards will be sufficient. Glossy *drap souple* cannot be reversed.

The single material is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold.

Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be very neatly stitched down and closed with a few glove stud fasteners over a fly lap seamed to the left opening. The top is arranged into a ribbon, supplied with hooks, which hook on to eyes sewn on a narrow band stitched on the blouse. The fit should be smooth, but not tight.

Turn up the lower edge over a shaped band of lino and fell the false hem invisibly (the French hem) at the back. The material for the false hem (cut to shape) is obtained from the waste. Wear over a very neat fitting silk foundation skirt. The new Directoire sash is of velvet, the edge tipped with silk fringe.

The edges are scalloped and worked, and the design is embroidered (full size transfers of the embroidery can be had from Madame Myra, price 6½d., post free). Tack the under-arm seam, and try on. Sew and press the seams. Line the bolero with a very thin silk, and close at the back, edge to edge, with Newey's very small Imperial Spring Hooks and Eyes. The back edges

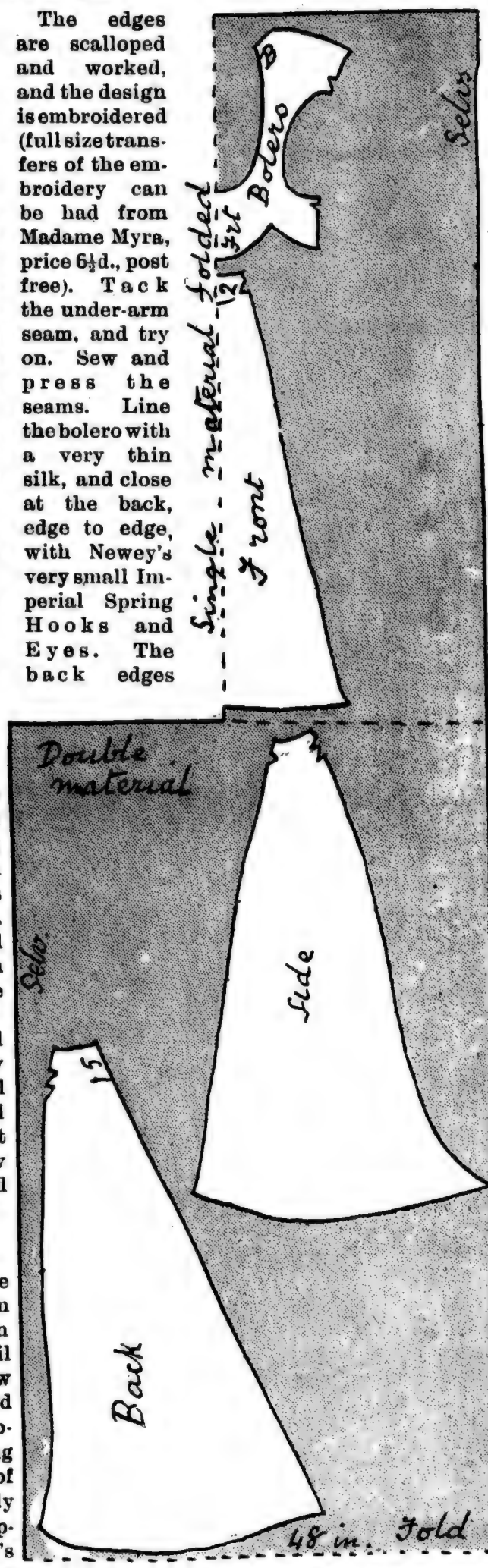


Diagram of Skirt and Bolero Patterns.

EMBROIDERED EMPIRE BOLERO.

The pattern is in one piece—half the bolero (which fastens at the back). Even if cut in glossy cloth the bolero must be in one piece, as seams on the shoulder spoil it. The diagram of the skirt shows how the bolero is cut out of two-thirds of a yard of double-width material. This extra two-thirds of a yard can be saved by cutting the complete bolero along the selvedge of the side of the front breadth. The lovely embroidery all over the coatee (for description of which see Mrs. Hamer-Jackson's article on page 16) prevents the reversing of the glossy fabric being noticeable.

SMART LACE BLOUSE.

This smart blouse has the new, long, tight, rucked sleeve. The pretty fichu is detachable, so that the blouse can be worn beneath the Embroidered Empire Bolero. It can be worn with high waisted Directoire skirt or an ordinary skirt. The blouse should be of light lace net, decorated with lace.

The pattern is in four pieces: half the tucked front, one back (cut with half the inverted box pleat), half the collar, one sleeve. Tucks and pleat are shown by wheelmarks. The bretelle is a straight piece of material 34 inches long and 9 inches broad on the shoulder. This width diminishes to 4½ inches at the back, and into 6 inches in front. The inside edge is finished with a band of rich insertion, the outer edge having a flounce of lighter lace which is deepest on the shoulder. The fichu is slightly gathered on the shoulder to supply graceful folds.

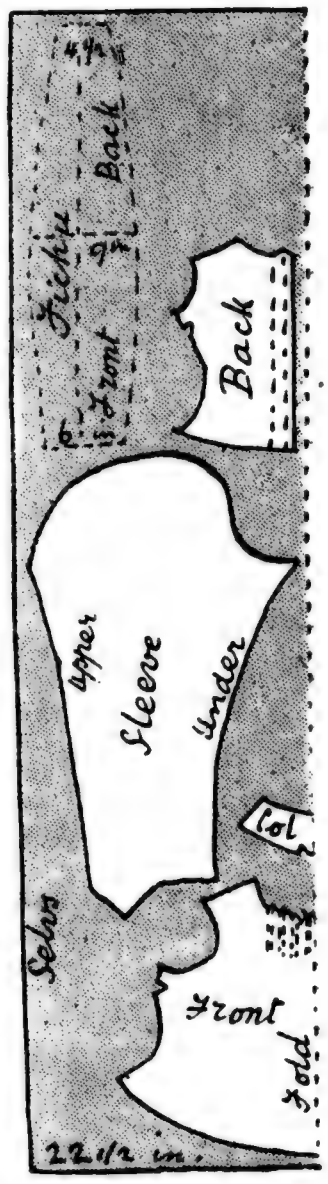


Diagram of Blouse Pattern.

The diagram shows the pattern pieces laid on 3 yards 45-inch lace net, which is single, the material folded over (selvedges meeting), front centres of collar and blouse laid along the fold so that the front and collar are cut each in one piece, the other pieces being cut in duplicate. On the material is marked off the bretelle.

Make the front tucks and arrange the inverted back pleat. Tucks (eight in number) are mere pinches. Tack carefully side and shoulder seams of blouse and try on. Sew the seams and hem the basque. Hem the backs and close with tiny pearl buttons and buttonholes made in underfold of right back. Put on the collar which hooks at the back. This collar can be tucked to flat pattern and decorated with insertion. A frill of light lace should head the collar. Tack the sleeve seam and draw up the thread to ruck it. Try on. The sleeve should be fairly tight and very long, should be stiffened with firm lino. A hook and eye at the back helps to support the tip of the Directoire skirt, which is headed with the draped sash.

"I have taught myself dressmaking from your very valuable paper."—A. R. W.

falling over the hand. Sew the seam, supporting its gathers with a narrow ribbon. Finish the wrist with a band of insertion and a little frill of light lace. It should close with a hook and worked loop to allow the hand to pass easily. Arrange the sleeve in place on the wearer, binding the stitched seam with sarsenet.

CHILD'S NURSERY TUNIC.

This capital little garment can be worn by boy or girl of three years of age. The best material is Robinson and Cleaver's 36-inch linen (send to Robinson and Cleaver, 40R, Donegall Place, Belfast). Linen is best, as it can be washed. It is a good plan to have a set of three or four, in linens of different colours. The underwear can be warm.

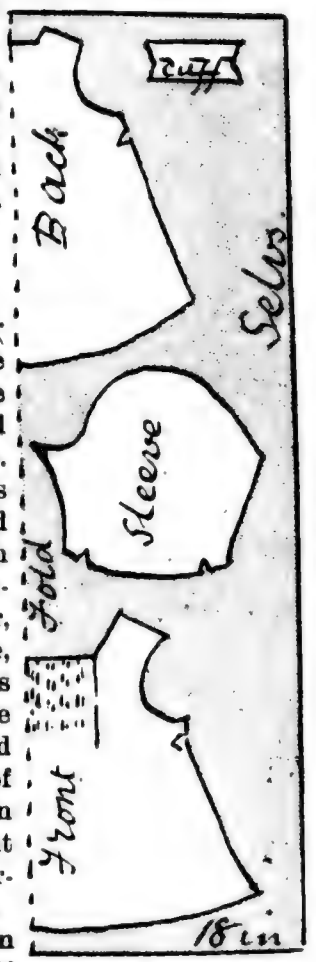


DIAGRAM OF TUNIC PATTERN.

The pattern is in four pieces — half the tucked front, half the back, one sleeve, one cuff. The garment is slit for an opening on the left of one-piece front. The tucks —mere pinches—are shown by dotted lines in the diagram; there are eight tucks in all.

The diagram shows the pattern pieces laid on 1¾ yards 36-inch linen, which is folded in half—selvedges meeting, centres of front and back laid along the fold.

Sew the eight tucks. Sew the shoulder and under-arm seams (neat, small run and fell seams). Hem the lower edge. Cut a band of linen and feather-stitch it round square neck and right side of slit. Finish left slit with a false hem, which holds the buttons. Buttonholes can be made in feather-stitched band or in an underfold. Make a belt—a straight, doubled feather-stitched band (cut from waste). Seam the sleeve, gather it into the feather-stitched cuff (closing with a button and buttonhole), and gather sleeve into the armhole, binding the seam.

If only one tunic is made, it is more economical to have it all in one linen. If there are several, in different colours, contrasting belt, cuff and bands are pretty.

No. 4.—CHILD'S NURSERY TUNIC.

No. 3.—SMART LACE BLOUSE.

Nos. 1 and 2.—NEW DIRECTOIRE SKIRT AND EMBROIDERED EMPIRE BOLERO.

Our Four Free Patterns.

(For Descriptions see Pages 26 and 27.)

Practical Dressmaking for Home Workers.

A LOVELY DRAPED PRINCESS TUNIC AS A "UTILITY" GOWN.

(For Illustration, see Page 15.)

THE draped tunic, cut *en princesse*, is a force to be reckoned with this winter. It has, of course, the Directoire slits; it has generally the lovely "Greek" points, tipped with tassels, and it is worn over a long, high-waisted Directoire skirt (generally quite untrimmed) of the tunic material.

On page 15, an exquisite model will be found, made of 44-inch soft black satin (a rich crêpe de Chine or drap souple will do as well).

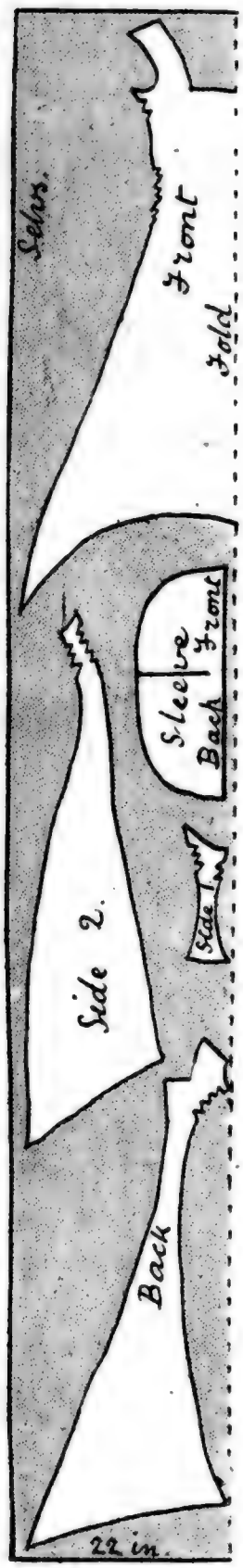


DIAGRAM OF PRINCESS TUNIC PATTERN (Material.)

The pattern is in ten pieces—half the tunic: five for material (half the draped front, one back, one long side of back, one short side of front, one sleeve); five for lining only (this is to hip all round—one back, two sides, one front, half the front centre). The diagram for material shows the five pieces laid on 5¼ yards 44-inch material, which is doubled over (selvedges meeting), the front centre of front pattern laid along the fold, so that front is cut in one piece, the other pieces being cut in duplicate. The lining diagram shows the five pattern pieces laid on 2½ yards 29-inch mercerised lining, which is opened out and is double beneath back, sides, and front patterns, so that each is cut in duplicate, the lacking half of front centre being marked out on the single material.

Tack together fronts, front centre, backs, four sides in lining according to notches, and try on, leaving opening in left double notch seam. Try on. Stitch and press the two single notch seams and unpick the other seams, marking carefully the correct tacking lines. On the three-piece front of lining arrange the one-piece satin front. The six notches near waist (satin pattern) show where the drapery pleats come. Arrange the satin on the other pieces. Retack the seams and try on again. The fit should be easy at the rather high waist. Stitch and press the seams. Hem the lower edge of lining. Interline edge of satin with black muslin to support the appliqués of black passementerie, hem the satin over the muslin and face the muslin with the satin or thin black silk. Tip the free points with black silk tassels. Cords and tassels hold the open sides together.

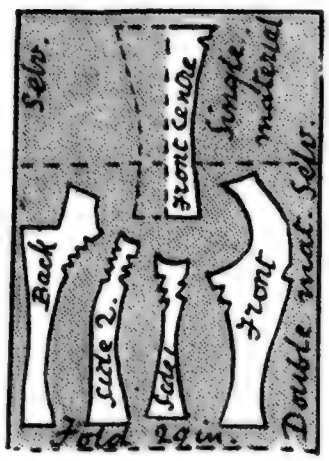


DIAGRAM OF TUNIC LINING.

The one-piece sleeve, slit up the centre, is edged with passementerie, finished like the tunic edge. Cords and tassels hold the slit edges in place.

The trained Directoire skirt takes 6½ yards 44-inch satin. It should be unlined, worn over a separate seven-gore foundation skirt. It is cut in seven gores.

This lovely gown is of the utmost utility. It can be worn as it is, with a soft net or chiffon tucker in the neck for evening dress; or it can be worn with a detachable transparent sleeve of rucked net; or it can serve for a tea gown, with tight under-sleeve of folded white silk tulle or silk. Again, the high-waisted long skirt can be worn with smart blouses—like our Free Blouse pattern (see page 27), making practically three different gowns. The rucked net sleeve can be cut on the pattern given with the Free Blouse (p. 27).

THE WOMAN BEAUTIFUL IN SCOTLAND.

By DAME DEBORAH PRIMROSE.

THOSE of us who are still privileged to have our grandmothers with us often hear them say that when they were young they had to compound their own cosmetics, or aids to beauty as we call them, or go without them, because the chemists, or apothecaries as they were then, were chiefly concerned with dispensing doctor's prescriptions, or in themselves prescribing for simple ailments, such as are even now treated in country villages by the homœopathic chemist; they did not trouble themselves to go into the science of drugs and other things for the outward and visible treatment of the hair, complexion, &c., for this they would have considered a weak pandering to vanity that was far beneath their dignity.

To-day we are far better off, and we have trustworthy members of the British Pharmaceutical Society, who give a great deal of their time and attention to the preparation of reliable toilet aids for our use. In Scotland Mr. M. F. Thompson, the Scotch Pharmacy, 17, Gordon Street, Glasgow, takes a foremost place, and not only in his own country, but all over the civilised world, numberless people use his preparations regularly, and speak and write in highest praise of them. The following are a few of those that have been thoroughly tested, and that can, in consequence, be highly recommended:—

FOR THE HAIR.

"Harvita" (3s. 6d.), which, as its name implies, is life to the hair, preserving it in a healthy condition, by eradicating and preventing dandruff and other ailments of the scalp, stopping and preventing hair-fall, and ensuring a growth of rich and well-coloured hair. If men would daily well moisten a small fine sponge with this and rub it into the skin of the head, instead of giving this a morning tub in soapy water, there would certainly not be so much baldness in evidence as there is everywhere.

FOR THE COMPLEXION.

(a) "Thompson's Skin Food Complexion Soap" (2s. 3d. per box of three tablets post free), one of the most deliciously creamy and pure soaps manufactured, and which should be used every night with tepid soft water for the face cleansing which should precede the necessary massage, with *(b)* "Thompson's Skin Food" (2s. 2d.) itself. The soap and water takes off the surface soil, but the skin food gets the impurities out of the pores, clears the skin, and keeps the complexion smooth and free from wrinkles. Then for the protection of the skin there is *(c)* "Thompson's Peach Bloom Powder" (1s. 9d.), very pure, fine, and adhesive, and *(d)* for the cure of facial blemishes, such as sunburn, freckles, and redness, "Thompson's Oriental Skin Lotion" (also 1s. 9d.), which is also an excellent thing to apply to the face and neck before putting on the powder, or to put into the rinsing water in the facial ablution, when it has a most tonic effect.

FOR THE HANDS.

"Thompson's Eucalyptus, Glycerine, and Honey Jelly," at 1s. 3d. per large tube, stands unrivalled, for it keeps them in perfect condition whatever work they may have to do; it will prevent chaps, roughness and redness, and nurses who have to have their hands so constantly in water find it invaluable.

FOR THE FEET.

(a) "Thompson's Antiseptic Foot Powder" (1s. 2d.), which is sprinkled into the stocking-feet, gives great comfort in walking, prevents perspiration of the feet and swelling of the ankles. *(b)* "Thompson's New French Corn Plaster" (1s. 2½d.), which is as thin as silk, but which will effectually remove hard or soft corns, cure bunions, and reduce enlargement of the toe-joints.

FOR THE DIGESTION.

Mr. Thompson realises that those who suffer from indigestion in its various forms, flatulence, acidity, and so forth, or from nervous ailments, that very often lie at the root of the above, will not retain their personal beauty as they otherwise might, so for the first class of so-called minor ills his "Carbonucine" (2s. 9d.), taken immediately after meals, proves very beneficial, while for those of nervous origin his celebrated "Nervotonine," at the same price, is equally highly recommended.

Our readers in Glasgow are strongly advised to consult Mr. M. F. Thompson, whenever they want any aids to beauty, of which the above are only a few out of a large and varied selection from which they can choose.

I think your Free Patterns this month are just lovely—far superior to any other journal."—Mrs. F. E. W.

No. 7930

No. 7931

SMART WINTER STYLES FOR MATRONS. No. 7932

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Skirt, Foundation Skirt, or Blouse, each 6½d.; Coats, each 9½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 7933 No. 7934 Nos. 7935 & 7936

No. 7937 Nos. 7938 & 7938A

BEAUTIFUL WINTER OUTFITTING.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, Gown, 1s. 0½*d.; the other Models, each* 6½*d.: Full-size Transfers for Embroidery, per set of five Medallions,* 4½*d., post free, each set, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

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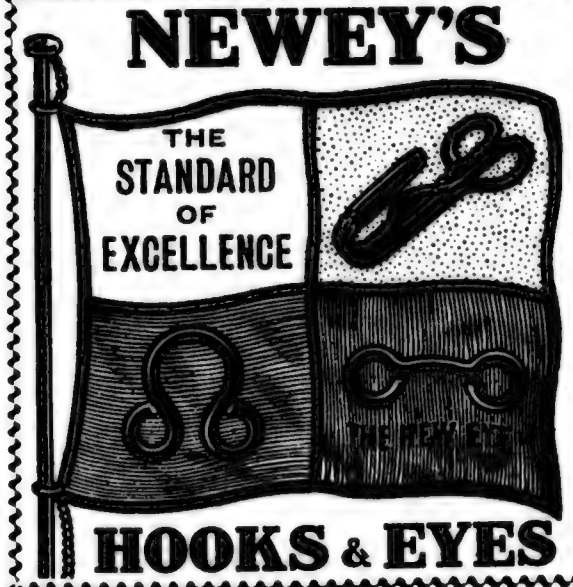

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Descriptions of Our Illustrations.

The New Directoire Coat.

No. 7889, Page 3. Lovely model. It is the correct coat to wear with our beautiful Free Directoire Skirt pattern, and should be of the same cloth. The double-breasted front centres are cut away to show the sash. There is a long back with a braided decoration at the high waist which heads the double pleats into which the basques merge. There are four sides, two fronts, and two short double-breasted front centres. There is a large collar, much narrower at back. Turn the edges over lino, which supports the handsome braiding. Face front centres with the cloth. Line coat with satin cut on coat pattern, but seamed apart. Two-piece sleeve braided at wrist to simulate a cuff. Close with flat buttons, the buttonholes made in right front facing. 48-inch cloth, 4 yards. For description of skirt and new Directoire sash, see page 26.

For Descriptions of Nos. 7890 to 7894, see Page 6.

Winter Costume of Dark Green Plaid.

No. 7895, Page 8. Smart model, trimmed with dark green velvet. In both coat and skirt stripes are arranged with beautiful effect. Splendid design for striped cloth, chequered tweed, &c. The skirt is in three gores, narrow tablier with sides forming pleats. Tablier is cut with stripes running straight down centre of breadth; sides are cut on the cross. At the edge is a cross-cut band of green cloth. Separate underskirt, in seven gores, seamed and hemmed apart, the edge decorated with a few tucks (tuck to flat pattern). The two skirts are mounted together at the side opening and at the waist. In stripe fabrics it is always possible to be economical, as extra corners can be seamed up on the selvedges for the wide circular breadths, which do not show at all if the stripes are made to meet nicely. Novel sacque coat, high waisted at the back, semi-fitting. Back and front centres are cut on straight. Fronts and sides are on the cross, decorated with black silk braid or bands of cloth. Face front centres with plaid. Revers, cut with fronts, have added slipstitched facings of braided cloth. Brandenburghs of black silk cord. Fronts close edge to edge with hooks and eyes. A band of braided cloth is laid beneath coat neck at back. Two-piece flat sleeve, the armhole outlined with braid. Cut a silk lining on coat pattern, seamed and pressed apart, edges slipstitched over braided coat edges and facings. Cuffs of the braided cloth. The straps of braid or cloth cover back and front seams. Double-width material, 7 yards.

Blouse of Silk, Muslin, or Oriental Satin.

No. 7896, Page 9. Front and two backs of pleated muslin (pleats wheelmarked on pattern). Decorate front with design made with frills of fine lace. On this is draped two backs and two fronts of the Oriental satin brooched on shoulder. On a muslin lining is arranged the very full soft muslin sleeve. Shoulder frill of muslin edged with lace. Collar of muslin folded to flat pattern and supported by bones. 45-inch muslin, 2½ yards; 42-inch Oriental satin, 1½ yards.

Embroidered Blouse.

No. 7897, Page 9. This lovely blouse should be white, using any of the new silk-and-wool fabrics, white cashmere or white veiling of good class. The original yoke and cuffs are embroidered in shaded mauves and greens, in satin and stem stitches. The rest of the trimming consists of bands of lace or baby ribbon worked together with faggot stitch. On a three-piece yoke lining is arranged the three-piece yoke (the seams on shoulder hidden beneath embroidery). Yoke is edged with lace, which covers seam of junction to the tucked kimona (tucks wheelmarked on pattern). Kimona sleeve is edged with lace. Material can be cut away beneath the lace. The one-piece sleeve, on a shorter lining, is mounted into the deep yoke of lining. The blouse closes at the back with tiny hooks and worked white loops. Arrange the sleeve on the smaller lining. Put on the embroidered cuff, which is finished with a band of faggot-stitched work, the top of the band sewn to the extreme edge of the cuffs so that it falls loose. In the cuff pattern we have given the extra width for an inch each side of the lace trimming, because this trimming forms part of the cuff as seamed to the sleeve. So cut your cuff narrower than pattern according to the width of your trimming. But we have not allowed for the width of the trimming at the lower edge of cuff, as there the trimming falls free and forms no part of the structure. Make the collar of the lace or of the faggot-stitch work. Put on the collar. All joins must be very dainty and neat. Hem the basque and backs. Put on the fastenings. Full size transfers of the embroidery (complete yoke and two cuffs, price 5½d., post free).

Worth Knowing.—Dr. Walcott, M.D., writes: "For irritation of the scalp, removal of scurf, and loss of hair I have used Hopgood's Nutritive and Sedative Hair Cream with unfailing success." Dr. Salter, M.D.: "I have witnessed its effects in restoring the hair to an extent truly surprising." Fifty years' success. Bottles 1s. 6d., 2s. 6d., and 3s. 6d., of all Chemists and Perfumers. Wholesale Agency, 51, Frith Street, London, W.

No. 7939.—A Good Rain Coat of Heron-Grey Coating.

For Description see pages 32 to 36.

Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Girl's Blouse with Embroidered Collar and Cuffs.

No. 7898, Page 9. Pattern is cut for a girl of sixteen. Blouse, of white Oriental satin, consists of a full front and two full backs. The material is plain at the neck, but the pieces are cut very circular to be full below. One-piece sleeve on a shorter lining with tucked lower sleeve (tucked to flat pattern). Deep collar and cuffs of fine French lawn, scalloped and worked, the scallops decorated with little frills of valenciennes. Embroidery is quickly done in outline work with white silk. Cuffs to match. Transfers of embroidery (complete collar and two cuffs, price 6½d., post free). 42-inch material for blouse, 1¾ yards. Collar and cuffs could be of the blouse material.

Smart Blouse of "Wonderful" Velveteen

No. 7899, Page 9. Two kimona backs and two kimona fronts cut in one with sleeve. This is arranged on a back panel and two front panels of the velveteen. Tops of fronts, backs and sleeves are draped into a sleeve panel band. Mount on a long yoke lining (3 pieces) which holds the sleeve lining. Cuff and collar of the velveteen. Silk tie. Metal buttons. Basque is added, made of silk. Draped belt of the velveteen. 24-inch velveteen, 7 yards. Wear with 7-gore velveteen skirt. For the "Wonderful" velveteen, send to Lewis's, Market Street, Manchester.

The "Seamless" Skirt and Plaid Coat.

No. 7900, Page 10. Skirt is cut in one piece, the front edges lapped over each other. Take the length of the skirt out of the width of the material (54 inches). False hem. Edge right front and trim hem with a bias band of plaid, finished with a band of velvet or velvet ribbon. Line with silk or moirette. The skirt closes in the front lap. The right front is firmly back-stitched over the left from the back before the lining is put in. The left front is felled to the lining. Pretty plaid coat to tone with skirt—two fronts, two backs, four sides, cut on cross. Two piece sleeve strapped with the plain cloth or velvet. Elegant fichu of the plaid, strapped with cloth, and decorated with a velvet drapery and rosettes. The new military collar strapped with cloth. The coat closes edge to edge over a fly lap. Line with silk, cut on coat pattern but seamed apart. 52-inch cloth, 4½ yards; 52-inch plaid, 3 yards.

Directoire Coat of Velours du Nord.

No. 7901, Page 11. To wear with a clinging cloth Directoire skirt, short-waisted, especially at back. The coat is very short-waisted at back. There are two fronts—right front cut with tab, two longer "handkerchief" backs, four sides of silk lining. Velvet is cut on lining pattern, except sides, which end above the waist, the upper part of lining being veiled with folded velvet, ending beneath the Empire belt, which ends at the pleats, back and front, beneath a simulated slot carried out in rich passementerie. Passementerie edges the coat all round. The coat closes edge to edge with hooks and eyes, the tab closing with a large button and very small hooks and worked loops. The velvet is folded on the sleeve lining and is mounted into the armhole beneath the velvet fichu pleats. Lace sleeve frills. White satin vest with lace tie collar and jabot. Line coat with white satin. This coat looks beautiful in black satin, or in the same cloth as the skirt. 42-inch Velours du Nord, 6 yards.

Indoor Gown of Striped Velveteen.

No. 7902, Page 12. The two-piece seamless skirt is cut on cross, the velveteen seamed up the selvedges to provide sufficient width. Take care in seaming that the velveteen is not reversed—the pile should feel *rough* if smoothed downwards—and that stripes meet nicely. Fell the hem over a band of lino. Wear over a foundation skirt edged with a soft pleated frill of the material. Smart blouse. Cut a fitted silk bodice lining with three-piece front to close on left of front panel and on left shoulder. Veil front and

back with tucked net, net tucked to flat pattern. Band collar of net tucked like vest. Back and two bolero fronts of the velveteen, embroidered, the fronts laced together with ribbon. Sleeve of the velveteen on a lining, which is mounted into the armhole. Two-piece kimona of the spotted net, the little sleeve edged with lace appliqués. Kimona is open at back to show low-necked velveteen back. Draped belt of the velveteen. Added basque of lining. 24-inch velveteen, 12 yards; 48-inch net, 2 yards.

Lovely Directoire Evening Gown with the New Sash.

No. 7903, **Page 13.** This really beautiful model shows two novelties—how to drape the Directoire sash, and the little lace Directoire coatee—two features as important as the Directoire general style. The softest white Oriental satin supplies the full five-gore skirt, which is weighted with a broad band of heavy lace. This is mounted into a short satin bodice lining, cut with three-piece front to close down front centre, the skirt closing on left in the folds. Veil the satin with white chiffon, draped on the fronts beneath a pearl and gold passementerie ornament. Over this is the lace Directoire coatee with crossed fronts. There are four lace revers to the coat, two in front and two at the back. The velvet sash, hemmed with fringe, encircles the waist and crosses at the back, beneath a knot of velvet, to tie loosely in front, the ends embroidered and fringed. Please note how the fringe is arranged—it is omitted from the *vertical* lines. An eased doubled band of chiffon edges the neck of the bodice. Draped chiffon sleeve held with passementerie ornaments. Kimona lace over-sleeve has lace revers. Wear over a white silk foundation skirt. 44-inch satin, 6 yards.

(For Descriptions of Nos. 7904 to 7906, see page 14.)
(For Description of No. 7907, see page 28.)

Girl's Embroidered Cloth Coat.

No. 7908, **Page 17.** Coat can be entirely of cloth, or the embroidered collar and cuffs can be carried out in silk or velvet of the same or a contrasting shade. The coat, cut for a girl of five or six, has a back and two fronts, a one-piece sleeve, a band cuff, and one-piece collar. The collar and cuffs are embroidered with Peri-Lusta Threads in a beautiful "wild rose" design (full-size transfers of the embroidery—two corners for collar and two cuffs—can be had from Madame Myra, price 3½d., post free). The coat closes with hooks and worked loops and with ribbon strings at the neck. Line with silk cut on coat pattern but seamed apart. 48-inch material, 2¼ yards.

Little Boy's Overcoat.

No. 7909, **Page 17.** A back and two fronts, a two-piece sleeve. Fronts are faced with the material. The pockets, with flaps, are inserted in slits in fronts. Face reefer collar with velvet. Coat is double-breasted, buttonholes made in left front. Line with Italian cloth, cut on coat pattern, but seamed apart, edges slip-stitched to stitched coat edges and front facings. 52-inch coating for a boy of four 1¾ yards.

Girl's Embroidered Nursery Overdress or Overall.

No. 7910, **Page 17.** This can be of linen, to wear over any blouse or frock. The one-piece Empire bodice is embroidered quickly with a rope and anchor design (full-size transfers for a girl of six can be had, price 4½d., post free). The one-piece skirt is eased into the bodice, which should be lined with batiste. Dress closes at the back. Shirt sleeves could be added like No. 7912. 36-inch linen for a girl of six, 3 yards.

Boy's Nursery Suit of Viyella.

No. 7911, **Page 17.** The pattern of the coat cut for a boy of five years is in six pieces: one single-breasted front, half the back, half the collar, the pocket, the upper and under of sleeve. Pattern of knickers in one piece. Lay the pattern on 3 yards 31-inch Viyella, which is folded in half, selvedges meeting, the centre of coat back pattern laid along the fold, so that back is cut in one piece, the other portions being cut in duplicate. Boys' garments generally close on the right, but this nursery garment need not follow the rule. Before cutting, the length of the pattern should be laid on the boy's figure, as, to look well, the coat should reach the seat of the knickers, and young children's figures do vary so in comparative length of trunk and leg. Tack together back and fronts and try on. The fronts are faced with strips of Viyella, the lower edge is simply hemmed. The buttonholes are made down the right front. The left front holds the row of pearl buttons. The pocket is inserted in a slit on left front. The neck is finished with a white Viyella collar. The coat sleeve is mounted flat into the armhole. This pretty little suit is very quickly made. Silk tie. Knickers close in front and pockets are inserted in slits on each side.

Child's Embroidered Overall.

No. 7912, **Page 17.** This model shows a very original yoke, embroidered like the cuffs with Peri-Lusta Threads. Full-size transfers of embroidery (complete yoke and two cuffs) can be had price 6½d., post free. The pattern, cut for a girl of four to six, is in six pieces—half the full front, one full back, half the front yoke, one back yoke, one full sleeve, one cuff. Lay the pieces on 2 yards 36-inch linen, which is doubled (selvedges meeting), front centres of front and front yoke patterns laid along the fold so that each is cut in one, the other pieces being cut in duplicate. For the linen send to Robinson and Cleaver's, 40n, Donegall Place, Belfast. Embroider yoke. Tack together front and backs of yoke. Try on. The yoke should be lined with batiste. Seam together backs and front of overall (small run-and-fell seams), gather and sew into yoke, according to notches, and fell the batiste lining over the join. Hem the lower edge. The yoke should be neatly stitched all round when thoroughly adjusted. Seam the sleeve. Gather it into the lined cuff, which is seamed and closes with hooks and worked loops, or small pearl buttons and worked loops. The backs are hemmed. The overall need only close at the yoke part in the same manner as the cuff.

Pretty Frock of "Wonderful" Velveteen.

No. 7913, **Page 17.** In a dainty powder-blue shade. One back and two fronts gathered on a yoke of lining. Finish front opening with a

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band of velveteen. Pearl buttons. Feather-stitched velveteen collar. One-piece sleeve, with feather-stitched cuff. 24-inch velveteen for a girl of four, 2½ yards. For the Wonderful Velveteen send to Lewis's, Market Street, Manchester.

Directoire Lounge or Tea Gown.

No. 7914, Very pretty model. Five-gore
Page 18. Directoire skirt of soft woollen material, hemmed invisibly (felled from the back, the French hem) over a band of lino. This is secured with hooks and eyes to the kimona bodice, cut very prettily—each back, front and sleeve in one. Fronts and backs are open, to show panels of lace and folded silk muslin, mounted on a silk lining, which closes on left of front centre panel. The lace lower sleeve is supported on the sleeve lining. Velvet ribbon forms a Directoire sash and bow. Folded collar of muslin. A muslin frill edges collar and sleeve. Fold muslin to flat patterns. 48-inch material, 7 yards.

A Draped Princess Evening Dress.

No. 7915, Makes up well in white *drap*
Page 19. *souple*, Charmeuse, or Oriental satin. Cut a nine-piece princess lining from neck to hip, in silk or mercerised lining, to close at back. On this foundation is draped the princess tunic in seven gores. The tablier seams are left unsewn to the high waist, the "rose" passementerie edging the slits as well as the lower edge of gown. Fit and stitch the lining with care. Hem the skirt, the hem interlined with lino, to prevent any tendency to "roll up," and faced with satin. Wear over a five-gore foundation skirt of satin, veiled with embroidered chiffon or net. Folds of satin veil the bodice lining, front and back, and form kimona strap sleeves edged with passementerie. Roses decorate the bodice. 44-inch satin, 10 yards.

New Autumn Millinery.

Nos. 7916 to 7918, **Page 20.** No. 7916—Hat of ribbed silk or velvet, trimmed with ribbon and handsome wings. No. 7917—Hat of rough beaver, trimmed with ostrich feathers. No. 7918—A smart felt hat trimmed with ribbon.

These are very good shapes to copy in mirror velvet or panne, the shapes being carried out in wire, covered with lino which supports the velvet. The brim is usually lined with the velvet or with paler silk.

Braided Directoire Coat-and-Skirt.

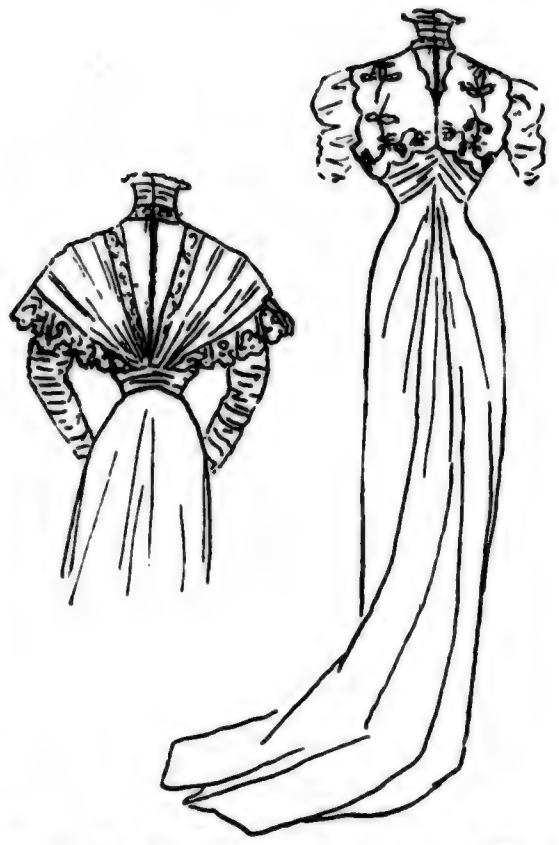
No. 7919, **Page 21.** In the new heron grey cloth. Six-gore skirt, with lapped seam in front. The silk braid forms very original design of loops down left side, the ends of the braid disappearing beneath the lap of front seam. Lovely coat. Back and fronts are cut with the original kimona sleevelet, into which the beautiful sleeve is smoothly arranged with a lapped seam. There are two side pieces on each side, the basques falling in rich flutes. The sleeve is in three pieces, top seam lapped. Braid "frogs" disappear in the lap of the kimona sleevelet in the same style as the skirt. Sleeve is a new and very beautiful one. The lapped cuff has braid "frogs", like sleeve and skirt. Large cloth buttons. The large collar has a double facing, the under one braided like skirt. Face fronts with the cloth. Line coat with white satin, cut on coat pattern but seamed apart, the edges slipstitched over front facings and over stitched coat edges which have been turned over a band of lino. 52-inch cloth, 8 yards.

Artistic Directoire Evening Gown.

No. 7920, **Page 22.** Original and graceful model for silk molienne or any transparent material. Skirt cut in seven gores, slightly full above, very flowing below the knees. The lower edge is hemmed with velvet and is embroidered with velvet appliqués. Wear over a very well-fitted "eel" foundation skirt, tight to the knees, very flowing below, the edge tucked to flat pattern, made of satin. Cut a bodice in satin—three-piece front, four sides, two backs, to close in front. Tack, fit easily. On it mount a quilling of skirt material, forming a plastron back and front, drawn up with a runner. Finish seams. Over the whole bodice, finished all but fastenings, mount the two-piece kimona, which has a graceful sleeve hemmed with velvet. Fronts are crossed, hemmed with velvet like backs. Over this is a lovely two-piece Empire scarf of the transparent fabric, hemmed with velvet, mounted on the back and shoulders of the bodice, the long front ends falling free, tipped with silk tassels. If preferred, ends could be left free and tipped with fringe, the same edging kimona and sleeve. Double width molienne, 8 yards. Velvet belt draped on bones.

Beautiful Dinner Gown of Velours Mousseline.

No. 7921, **Page 22.** The pattern of the graceful clinging skirt is in four pieces—one back, two sides, half the front. The breadths are beautifully shaped. Lay the pattern pieces on 5½ yards 42-inch material, single, as it is unwise to cut velvets double. See that the pile feels rough if smoothed *downwards*. The fabric is folded over (selvedges meeting) for the tablier, the front centre of which is laid along the fold. The duplicate back and two sides should be marked out on the single material. To save the velours, which is costly, added corners could be seamed on up the selvedges. In seaming these corners see that the pile is not *reversed*, or the effect is disastrous. Leave enough material at edge of breadths for hem and for the two tucks (tucked to flat pattern). These tucks weight and improve the skirt, but can, of course, be omitted. Tack the gores together according to the notches, leaving the opening in the back seam. The right turning of this opening should be herringboned down over lino (take care not to pass the stitches through to the pile) and closed with a few patent hooks and worked loops over an unlined velours fly lap seamed to the left opening. The top is arranged into a ribbon fitting the waist. The fit should be very smooth, but not tight enough to wrinkle. Make the tucks. Turn up the lower edge over a shaped band of lino, and fell the hem behind top tuck. If there are no tucks, hem invisibly (the French hem) at the back. Cover the hem with a pleating of silk matching the velours. Wear over a very neat fitting "eel" silk foundation skirt. Charming draped bodice. A fitted silk bodice lining with three-piece front is cut, to close at back. Sides are cut with small kimona sleeve. Tack, fit, seam, and bone the lining, leaving only side and shoulder seams. Veil bare neck, front and back, with a piece of lace flouncing, pleated at the corners. If the lace is *good*, do not cut corners, but tuck in fold a wedge of the palest



Back Views of Three of the Four Free Free Patterns.

pink satin (it looks just like the skin thus veiled). Beautifully draped front and backs of the Velours Mousseline. Finish seams. Into the lining armhole is arranged the pleated Velours sleeve (on a small lining). Lace sleeve frills, 42-inch material for bodice, 2 yards.

Tea-Gown with Lapped Skirt.

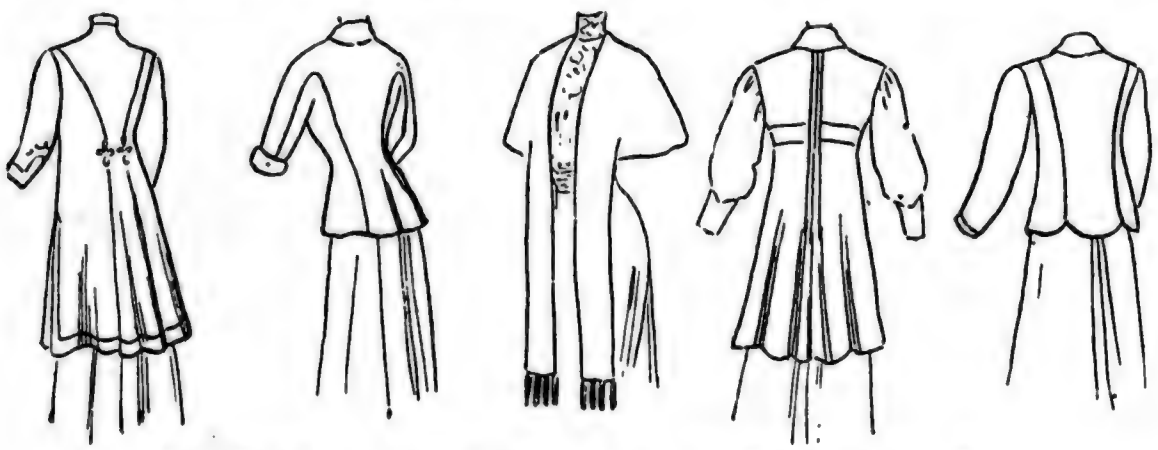
No. 7922, **Page 23.** "Seamless" skirt of *drap souple* in the new "fuchsia" pink. There is no seam at back or sides. The length being taken out of the width of the 52-inch cloth, added corners can be seamed on beneath lace. The fronts are lapped. False hem. Edge right front and trim edge with a decoration of lace medallions and lace passementerie. Line with silk or moirette. The skirt closes in the front lap. The right front is firmly back-stitched over the left from the back before the lining is put in. The left front is felled to the lining. Cut a fitted bodice lining with three-piece front to close on left of centre panel. Tack, fit neatly. Front panel is veiled with drawn-up spotted net. Draped back and two fronts (crossed) of the drap. Very full, soft sleeve (lined with Brussels net) of the net finished with lace passementerie cuff. If preferred the long, tight ruffled sleeve of the Free Blouse Pattern (see Page 27) can be used. There is a fichu drapery of lace—trimmed satin of the same shade as the *drap souple*. Draped belt of the satin. The high-waist skirt back hooks to the bodice so that it keeps its place. 48-inch cloth, 6½ yards.

Tea Gown or Home Dinner Dress.

No. 7923, **Page 23.** Of beautiful cashmere, in the new "Atlantic" green shade. Seven-gore Directoire skirt, simply hemmed, closing at back, where the skirt is hooked on blouse. Wear over a seven-gore silk foundation skirt. Lovely blouse. A fitted silk bodice lining is cut with three-piece front, to close on left of centre panel. Tack, fit, and seam the lining. Veil with front and back panel of rich lace. Two-piece kimona of the cashmere, prettily draped. Edge armhole with chenille fringe. Draped belt of satin (matching cashmere) edged with fringe. Bow of satin and chenille in front. Sleeve of the lace, unlined, with lace frill. This frill can be omitted, and, if preferred, the tight ruffled sleeve of the Free Blouse pattern (see page 27) can be used. Double-width material, 6½ yards.

Tailor Gown with Long Directoire Coat.

No. 7924, **Page 24.** Long seven-gore skirt, fitted at top, breadths cut very circular to flute well below knees. Hem invisibly from the back (the French hem) and wear over a separate



Back Views of Models Illustrated on Pages 24 and 25.

"eel" seven-gore foundation skirt of silk lining. Very smart coat. Broad braid trims the coat all round, running up the open seams (Directoire "slits") at the sides; at the top of the slits narrow braid forms a graceful decoration. Coat closes edge to edge with hooks and eyes. Braiding simulates brandenburghs and edges the new "military" collar. Two-piece sleeve, braided at wrist and up the seam almost to elbow. Line coat with silk, cut on coat pattern, but seamed apart, the edges slipstitched over turned coat edges. Very good model for cloth or handsome tweed. 52-inch material, 8 yards.

Charming Pleated Skirt and Kimona Coat.

No. 7925, **Page 24.** A particularly pretty model of grey cloth, trimmed with chinchilla and grey passementerie. Box pleated skirt in five gores (pleats wheelmarked on pattern), closing at back. Skirt is rather high-waisted, especially at back. Hem invisibly (the French hem). Pleats must be well pressed, and secured down to the knees. Very pretty coat. Sleeve upper is cut in one with back and fronts. Added side pieces and under sleeve. Seams back and front are lapped—a very graceful line. Stiffen the fronts and face with white silk. Collar of chinchilla fur. Added waistcoat fronts (from lapped seam) of chinchilla, stiffened with thin canvas and lined with white silk. Line coat with the silk, cut on coat pattern, but seamed apart. Brandenburgh decorations of grey cord. Interline white silk lining with domet. Chinchilla cuff. 54-inch cloth, 7 yards.

Elegant Directoire Tailor Gown.

No. 7928, **Page 24.** Seven-gore Directoire skirt of *drap souple*. It is secured with hooks at back to the high waist of the blouse. Hem invisibly from the back, over a band of lino. Wear over a separate clinging seven-gore foundation skirt. Elegant Directoire coat, with long, fluted basques. Upright military collar. Waistcoat of white cloth, braided. Waistcoat closes edge to edge with hooks and eyes. The two-piece sleeve is mounted into coat to look as if cut with it. Large Directoire cuff and pocket, decorated with buttons and loops of silk braid. Line coat with satin. 52-inch cloth, 8 yards. Lace sleeve-frill.

New Directoire Pelerine.

No. 7927, **Page 25.** Directoire skirt, high-waisted at back, where it is hooked to blouse, cut in seven gores. Pelerine is of fur, sable, or ermine, back and long stole fronts tipped with tails. Looks excellent in Velours du Nord tipped with rich silk fringe. The pelerine is in two pieces as to the fur (or velvet), draped at the high waist at back where the two pieces meet, finished with a buckle and tail-tipped ends. To prevent a wide appearance to the shoulders the two parts of the pélerine are filled in, back and front, with a back panel and Directoire jabot of thick lace, panel mounted on satin of the fur colour. The lace is generally dyed to match the fur, lighter jabot being white. Front view shows fur only. The panel is interlined with domet which interlines the fur. Line the pélerine with satin. Band collar of the satin-lined lace. 42-inch Velours du Nord, 3 yards.

A Beautiful Empire Coat and Skirt.

No. 7928, **Page 25.** Very elegant coat, with long shoulders, a back and two front centres, two front sides, four side pieces. Kimona sleeve inserted beneath lap of front seam, mounted on a shorter lining, finished with a long, braided cuff or lower sleeve. Back is tucked (mere pinches) and front seams are lapped. Braided Empire sash bands under the arms. Line with satin, cut on coat pattern but seamed apart. Coat closes edge to edge with hooks and eyes, decorated with braid brandenburghs. 54-inch cloth, 4½ yards. Six-gored skirt of the material or of ribbed velvet. Velvet is cut on cross, breadths seamed together up selvedges, stripes meeting neatly. There is a seam back and front where stripes meet in V points. Close at back. Hem over a band of lino, taking care that the felling stitches do not reach the pile. Seven-gore silk foundation skirt. 20-inch velvet, 9 yards.

Pleated Cloth Skirt and the New Velvet Coat.

No. 7929, **Page 25.** These charming little velvet coats are quite a feature, and this is a very representative model. The coat makes up beautifully also in seal plush, astrachan cloth, and real fur—like mole, caracal, seal. There are double breasted fronts with wide revers, a deep turn-over collar of "rolled" type, two sides and a two-piece back. Fronts are faced with the velvet, and there is a slanting velvet pocket flap on each front. Two-piece sleeve. Edge coat, sleeve, collar, pockets with black silk braid. Line with white satin, cut on coat pattern, but seamed apart, slipstitched to the velvet edges (turned over and herringboned down over a strip of lino), and velvet facings. 42-inch Velours du Nord, 3 yards. Very pretty skirt of elephant-grey cloth, sides and backs arranged in box-pleats, tablier pleated at waist. Pleats (wheelmarked on pattern) are secured inside to the knees. Wear over a five-gore foundation skirt. 52-inch cloth, 5 yards.

Matron's Coat and Skirt.

No. 7930, **Page 29.** Seven-gore skirt of face cloth, fitted above, fluted below the knees, cut rather high-waisted, especially at the back. Wear over a seven-gore foundation skirt, the edge tucked to flat pattern. Close in left front seam. Smart redingote—two backs, two fronts, four sides, two waistcoat fronts (of white cloth, braided), a flat two-piece long coat sleeve. Waistcoat continues at back to form a sort of collar. The fronts are faced with white silk. Waistcoat closes edge to edge with tailor hooks and eyes. Coat fronts are decorated with braid brandenburghs. Line coat with white glacé, cut on coat pattern, but seamed apart, the edges slipstitched to coat edges and front facings. The two-piece sleeve, mounted on a similar lining, is braided from waist to elbow. 52-inch cloth, 8 yards.

Matron's Velvet Coat.

No. 7931, **Page 29.** A back, two sides, two fronts. Four side seams are left open almost to waist. Flat sleeve. Edge all round

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No. 7940.—Girl's Winter Coat and Skirt.
For Description see pages 32 *to* 36.
Price of Paper Patterns, Pleated Skirt, 1s. 0½d.; *Coat,* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

with rich passementerie and a band of fur. Coat closes with a hook and eye, decorated with a rich cord Brandenburgh. Line with domet and mauve brochó (cut on coat pattern but seamed apart) 42-inch Velours du Nord, 5 yards.

Matron's Afternoon Blouse.

No. 7932, Page 29. Cut a lining with three-piece front, to close on left of centre panel. Veil top of panel with draped soft satin. On this mount the back and two full fronts of the skirt material, decorated with braided satin bands edged with velvet. Band collar of folded satin, supported on bones. Fold collar to flat pattern. One-piece sleeve on a smaller lining, with tight under-sleeve and cuff of braided satin. 48-inch material, 2 yards.

Embroidered Empire Breakfast Jacket.

No. 7933, Page 30. Of fine cashmere, in the new and lovely Nankin blue. A back and two fronts, gathered to high waist with a band of the material cut with slots, through which is threaded a black velvet ribbon. The same decoration edges right front to belt, covering the hooks and worked loops. Large one-piece collar, edged black lace, worked in corners and at back in chain stitch with black silk (for the new chain stitch, see page 16). One-piece sleeve, with embroidered lace-edged cuff, headed with a ribbon-threaded band. Full-size transfers of the embroidery designs (five: three for collar, two for sleeves) can be had from Madame Myra, price 4½d. the set of five. 46-inch cashmere, 3 yards.

Embroidered Empire Breakfast or Lounge Gown.

No. 7934, Page 30. To match 7933. Skirt is in four gores, mounted to three-piece bodice beneath a ribbon-threaded band of the material. Gown closes down front with buttons and button-holes made in an underfold of right front. Collar and sleeve exactly like No. 7933. 46-inch cashmere, 8 yards.

Evening Cache Corset or Underslip.

No. 7935, Page 30. Of nainsook, decorated with lace insertion. A novel decoration is the "slots" of insertion arranged round the ribbon runner. Neck and armholes are decorated with narrow lace and beadings threaded with baby ribbon. A runner holds the bodice at the waist. 36-inch nainsook, 1 yard.

A Pretty Underslip.

No. 7936, Page 30. To wear beneath transparent blouses. It is high-necked, but has no sleeves. It is fitted with two darts on each front, and has an added basque. To be made in white glacé or French lawn, decorated with Valenciennes lace and embroidered with French knots. Neck and armhole are edged with lace. Close with buttons and buttonholes, those in decorated upper part being made in an underfold.

Empire Evening Chemise.

No. 7937, Page 30. The beautifully shaped Empire upper part is veiled with rich lace as to the front and neck edge all round. This edge is run with a satin ribbon, tied in front and on shoulders. Two-piece full skirt, tucked to flat pattern at lower edge. A band of beading edges Empire bodice, run with ribbon. For nainsook or Mull muslin. 36-inch material, 3½ yards.

New Winter Knickerbockers.

No. 7938, Page 30. This is a very good design, cut low in front so that thick warm material does not enlarge the figure. It can be cut from single or double width material. The fronts (to side slits) have no added band, being shaped with darts. There are buttoned added bands at back on to which is buttoned the one-piece flap band. The pattern is in four pieces: half the knickers, one back band, half the flap band, one knee band. Lay the pattern pieces on 2 yards of 42-48-inch serge or tweed, which is opened out and is double, so that knickers and bands are cut in duplicate. The duplicate of flap band can serve as a lining, but thinner lining is advisable. The lacking half of flap band must be marked out on the material. Tack the four front darts. Tack on the two backs of shaped band at the double notch. Tack front and back seams of knickers and gather flap into the flap band. Try on. Stitch and press open the darts and seams, and line the top of fronts to the ends of darts with a shaped band of lining (cut on the knickers after darts are arranged). Stitch in the lining, and protect the side slits with strips of lining. Gather the back flap into the lined flap band, and make in the band three buttonholes. The backs of shaped band should be lined to support the buttons and buttonholes. It is advisable also to have a short runner at the back at waist to assist the fit. The knees are gathered into a lined knee band. Slit the sides for two inches (and hem the slit for an opening, as the knee bands must button *outside* the leg, not at the seam). Excellent tweeds or serges for this purpose, at very low prices, can be had from Lewis's, Market Street, Manchester. For single-width material a side seam would be necessary (shown in the illustration).

No. 7941.—Girl's Afternoon Frock.
For Description see Pages 32 *to* 36.
Price of Paper Patterns, Skirt or Blouse, each 6½d., *post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Flannelette Linings for Knickerbockers.

No. 7938a, Page 30. These are shaped like the knickerbockers, but are much lower at the top, as they button into the knickerbockers just at the flap level. The front and sides are strengthened by a lining band about 1½ inches deep, the back being gathered into a lined band of the same depth. The knees are gathered into a band, which can be loose—to slip over the feet, and save the trouble of putting a button and buttonhole. 31-inch flannelette, 3 yards.

A Good Rain Coat of Heron-Grey Coating.

No. 7939, Page 32, Two-piece double-breasted fronts (seamed beneath strap, which passes over shoulders and covers seams joining back and side-pieces of back). There is also a side-piece under each arm. Face fronts with the coating, and close with pearl buttons and buttonholes. Bonaparte collar, closing with a hook and eye. Two-piece sleeve, strapped. Coat can be lined thoughout or only to hip. 52-inch coating, 7 yards.

Girl's Winter Coat and Skirt.

No. 7940, Page 36. Of grey tweed. Coat is single-breasted, high-waisted, semi-fitting, with two-piece fronts. Face fronts with tweed. Braid edges coat and open seams, and edges pocket-slit and armhole. Velvet collar. Line to hip only. Two-piece sleeve, with braid simulating a cuff, closed with buttons, tailor style. Coat reaches just below the knees. Pretty five-gore skirt, high-waisted, pleated at top (pleats wheelmarked on pattern). 54-inch tweed, 6 yards.

Girl's Afternoon Frock.

No. 7941, Page 36. High-waisted skirt of cloth or cashmere, with broad band of cross-cut velvet above the hem. Cut a bodice lining closing at back. On it mount the vest of Jap silk, tucked to flat pattern. Collar of the silk, hooking at back. Kimona, cut with sleeve, of the skirt material, prettily braided. Hooks and eyes keep skirt in place on blouse. Draped belt of velvet, with rosette at back. Sleeve is prettily pleated into tighter lower part, which is piped with velvet and decorated with a silk frill and velvet buttons. Pleats are wheelmarked on pattern. 48-inch material, 5 yards.

Two New Fur Necklets.

Nos. 7942 & 7944. Page 40. Models illustrated are of ermine, lined with white satin. No. 7942 is a sort of boa-collarette, the ends tipped with heavy silk fringe. No. 7944 is a collar of fur, headed with a white satin ruffle and closing with a satin bow on left.

Little Lace Bridge Coat.

No. 7943, Page 40. To wear over the blouse. It is made of wide flouncing. In two pieces (each back and front in one) with added lace basque (lower edge of similar flouncing). A band of velvet is laid under the natural scallops of the lace, and a velvet ribbon forms a bretelle, held with lace medallions and tipped with tassels. Edge kimona sleeve with lace insertion.

(*Continued on page* 45.)

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We fit any figure.

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Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Juno.—As you are so disproportionately stout and heavy for your height, you should take a course of Dr. Ritter's Specific (to be obtained only from Dr. O. E. Horn, D.Sc., Bryanston Road, Bournemouth, who will send you a bottle of the little tasteless capsules for 2s. 6d. post free), which is the reliable cure for corpulency thought out by the eminent German doctor whose name the specific bears. You will find yourself improving in health and figure daily, and if you will persevere with the specific you will get as slim as you were a few years ago.

Queenie.—You can always prevent your face looking soiled and greasy in business hours if you will get from Mr. M. F. Thompson, Homœopath, 17, Gordon Street, Glasgow, his new and delightful Compressed Face Powder Tablet for the Complexion, which he will send you, complete in a case with a novel puff that does not scatter the powder about like the old swansdown kind does, for 1s. post free. Take this with you in your handbag, and use it two or three times during the day, and your complexion will be charming without being harmed, or appearing to be in the least made up.

Gwynne.—As your hair is so sluggish in its growth that it never seems to get below your shoulders, though you seldom cut it, take a course of Capsuloids, which you can buy for 2s. 3d. a box at any chemist's. These improve the quality of the blood, and so the hair-roots, together with the rest of the body, get better nourished, and the hair grows thicker and longer in consequence. If you care to write to the Capsuloid Co., Limited, for their little illustrated book concerning the hair (their address is 47, Holborn Viaduct, London, E.C.), you will understand more about how the hair grows, and how it should be treated. They send the book gratis and post free to readers of Myra's Journal, so please mention that you are one of these.

Ideala.—The best specific with which I am acquainted for preventing and curing excessive or unpleasant perspiration is the Anti-Perspiration Powder, which can only be obtained from Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E., because it is one of the celebrated Zobeide specialities of which she has the monopoly. You will find that this will keep you cool all day, and that it is delightful to use, especially if you apply it after your morning bath, which should be of tepid water, softened with the same Mrs. Maine's Sweet Lavender Water Softener, or Violet Water Softener, either of which she supplies for 1s. 6d. post free from the same address.

Ebbw Vale.—The only reliable way to make your dull, greasy hair bright and fluffy, so that it will seem to be twice as much as at present, and be quite easy to dress artistically, is to treat your scalp for a few weeks with the celebrated Parma Preparations, which Mr. Mason, 25, Bank Plain, Norwich, sends complete in a case for 4s. 6d. post free. When the greasiness is cured by means of these, rub Primrose Lotion (2s. 6d. post free from the same chemist) well down into partings made in all directions on your head, and if you persevere in doing this the present greyness will be arrested, and your hair will recover its naturally pretty colour in a natural way.

Bee.—I am so glad to know that freedom from the worrying business in which you were employed, and your success in finding work that is so much more congenial, have combined to make you feel so much younger that you want to make your face look as young as your heart wishes. Now, the first thing to do is to get the skin into perfect order and purity, and to this end I advise you to get from the M—Highwater Laboratory Company, 1-118, Exchange Buildings, Southwark, London, E.C., Dr. Harlan's New Beauty Complexion-Massage Brush (4s. 6d.), and to use this every night and morning. You will see when you get this cleverly-invented brush that there is a roll of very creamy soap in the cup in the centre of it, so all you have to do is to slightly moisten the toothed side of the brush, and then, holding it firmly by its knobby handle, to work it over your face, round and round from under your chin upwards to your forehead on both sides, then across the forehead from centre to temples, then up the forehead in a line with the eyebrows, gently in semi-circles under the eyes along the cheek-bones, more firmly from the nose in half-circles under the cheek-bones to the ear-lobes, and round and round briskly on the chin, first with the right hand and then with the left. Then rinse well in water softened with a pinch of borax, or better still with a quarter of a tablet of Pasta Mack (sold in shilling boxes by all chemists), and then dry with a very soft towel, using this in exactly the same directions and with the same movements as you used the brush. The first morning after you have done this overnight you will be astonished and delighted to see how very clean and fresh and young your face looks.

Bee (Second Coupon).—To gradually get the greyness out of your hair rub into partings made in all directions on it every night during the next three months some of the Primrose Lotion which Mr. Mason, 25, Bank Plain, Norwich, sends post free for 2s. 6d. per bottle, and shampoo it at intervals of three weeks with the Egg Emulsion for the Hair which keeps the scalp in such a healthy condition, and the hair so bright, and soft, and fluffy, and of which the same Mr. Mason sends a bottle containing enough for eight shampoos for 3s. 6d. This Emulsion will keep good for any length of time. Get out into the fresh air as much as your present occupation will permit, and take deep draughts of it through your nostrils; get to bed early at nights, and be sure your bedroom is well ventilated night and day; eat simple, nourishing foods, plenty of fruit and wholemeal bread; drink Plasmon Cocoa instead of tea, because it is more nourishing, and do not take any alcoholic beverage, because this dries up the complexion.

Esther.—Plasters for removing wrinkles are sold at fabulous prices by some people, but you can get a complete set for 2s. 6d. from Mrs. Adair, 92, New Bond Street, London, W., who gets them over from Paris, where they are very popular.

Nydia.—You can entirely cure your neck and the lower part of your face of those ageing and disfiguring wrinkles by bathing the skin at night with very hot water, drying it quickly, and then stroking and patting in some of the Crême Suprême, which is sold for 2s. 9d. by Mr. Mason, 25, Bank Plain, Norwich, and which is so splendid for tissue-building, wrinkle-removing, and skin whitening. Walk and sit as uprightly as possible, and endeavour not to let your chin droop into your neck.

Vivienne.—Jappo, in the light-brown tint, is the best dye you can have to re-colour your pretty brown hair that is getting so streaked with grey. It is sent post free in a plain wrapper with directions for use for 2s. 2d. by The Teinture Syndicate, 285, Regent Street, London, W., and you will find it perfectly satisfactory.

Allie.—The Zobeide Herbal Drops, sold for 2s. 7d. a bottle by Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.E., will cure you of that wretched form of indigestion that makes you feel sick every time you look at food or partake of it.

Giana.—One of the best preparations with which to remove hair from the arms is Depillos. You can have a free sample of this to try on a small area by sending two penny stamps to Manageress, Taylor and Company (Dept. 26), 149, Fleet Street, London E.C.

Mattie.—(1) In the fall of the year it is considered a good thing to take a course of medicine to purify the blood, and so ensure a good complexion. If you get from your chemist a box of Whelpton's Vegetable Purifying Pills, and take these, they will do you good in this way. (2) The juice of a fresh lemon taken in a tumbler of hot water the last thing at night, if you feel a cold coming on, will stop it at once.

A Constant Reader (Hampstead).—(1) The best preparation for making your soft, bright hair retain its wave after you have had it in wavers overnight is the Wild-Rose Curling Fluid, which is dispensed from Dr. Anna Kingsford's prescription by Mr. Mason, 25, Bank Plain, Norwich, who will send you a bottle of it for 3s. 6d. It is composed of very costly ingredients that are all perfectly harmless to the hair, but that in this combination make the waves or curls last for two or three days even in damp weather. (2) The best wavers you can use for giving your hair that nice, large, and quite natural-looking undulation, are the Ruban Ondulateurs that are sold in complete sets sufficient to go all round the head, back and front, for 4s., post free, at Tarlita's, 77, New Bond Street, London, W. If you can go down there for them some day, Mme. Tarlita, who speaks English perfectly, will show you exactly how to put them in your hair, and what a pretty effect they give to it. Tell her that you are one of my correspondents, and ask her to show you Azariel, and what it does. I often go there to see the newest styles in high-class hairdressing, and the lovely combs and other ornaments for the hair that M. Tarlita is so constantly bringing over from Paris. (3) Some years ago I tried the preparation you name, but it did not have the effects promised for it, though it is a very pleasant thing to use instead of the ordinary shampoo powder. It would certainly not help your hair to wave permanently, as it makes the hair very soft, and yours, apparently, is already quite soft enough.

Hard Lines.—The best medicine your father can take for the cure of his rheumatism is Clarke's Blood Mixture, which chemists everywhere sell for 2s. 9d. a bottle. He should take hot baths in which a large handful of common washing soda has been dissolved, and he should give up red meat and tea, taking in place of the latter Plasmon Cocoa, which is so nutritious. A liniment made of equal parts of Winter Green and best olive oil (you can buy both at the chemist's) well rubbed into the painful parts night and morning will give great relief.

"I am delighted with your journal and shall take it regularly.—H. P.

MEN LOVE WOMEN with Long, Thick, Luxuriant HAIR

It is pitiful that some women do not yet know that hair grows only from Hair Roots which are fed and nourished and cured only by the blood, and that the germs which settle in the hair roots cause hair to fall out, become thin, dull and brittle, must be quickly destroyed if the hair is to be saved, and this can be done only by taking

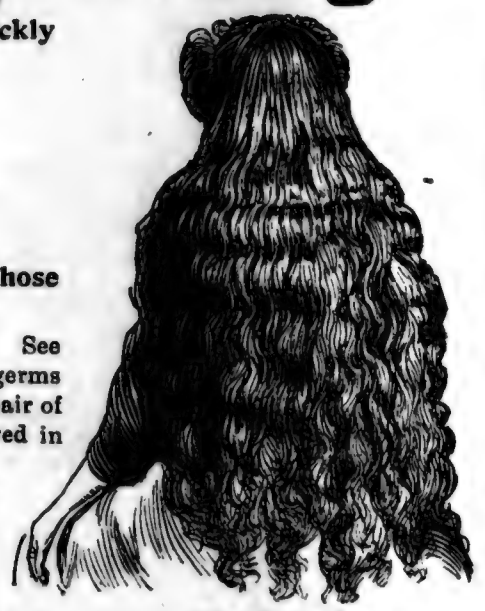
CAPSULOIDS

(NATURE'S OWN HAIR RESTORER)

which fill the blood with life-giving oxygen-carrying corpuscules which alone destroy those germs, and so nourish the roots that they produce long, thick, beautiful hair.

Look at this Diagram of a growing hair greatly magnified. See the harmful germs in the root. When the blood is deranged these germs lodge there, multiply, use up the nourishment, soften the root, rob the hair of its colour, stop it growing, and make it fall out. Capsuloids are dissolved in the stomach, and pass into the blood. They destroy the germs, nourish the roots, and cause healthy, vigorous growth of the hair, and the only remedy that will do this is

CAPSULOIDS.



29, Packington Street, Islington, N.

Dear Sirs,—About 18 months ago, as the result of bad health, my hair came out in large quantities. After rubbing in external preparations without any benefit I decided to tr Capsuloids, because I had heard so much about them. They not only stopped my hair falling out, but caused it to grow so rapidly that, thanks to the Capsuloids, it now measures 41 inches. Yours truly,
(Mrs.) R. S. CRAWFORD.

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CAPSULOIDS are never harmful to any part of the body, but are most beneficial.

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This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

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SUPERFLUOUS HAIR.

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The Tensfeldt Process destroys Hair Roots instantly and painlessly, so that the hair can never grow again.

SPECIAL FREE OFFER.

I want to place a copy of my Booklet, No. 20, in the hands of every woman who is a sufferer from this dread scourge of superfluous hair. **It is free to you** *for the asking. This book will show you how to rid yourself for ever of your disfigurement. Write to-day. I give all letters addressed to me my personal and strictly confidential attention.*

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EMPLOYMENT BUREAU.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

No. 567. — Dressmaking. Experienced. Daily or at home. Tailor-made coats and skirts. Evening costumes.

No. 645.—Wanted instruction in high-class blouse making. Part time given, part payment. Would assist in good class sweets or newspaper shop from two till four. (S.W.)

No. 626.—The "Snowflake" Cold Cream. Absolutely pure. No animal fat. Very light, not sticky. Delicious after shaving. Suits the most delicate skin. In jars, 1s. (six for 5s.); ½lb jar, 2s. (six for 10s., post free).

No. 628.—Dressmaker wants another to join her in rooms, or a milliner. Either to bring another West End connection, or to increase advertiser's. (Portman Square.)

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References.

No. 372. — Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 542.—Dressmaker at ladies' houses, or ladies' materials. Good style and fit. Terms moderate. (N.W.)

No. 593. — Thoroughly experienced dressmaker. Ladies' and children's things. Tailoring. Evening gowns. Good references. (Shepherd's Bush.)

No. 381. — Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 616.—Coats and skirts. Day and evening gowns. Blouses. Underskirts. Renovations, &c. Costumes from 10s. 6d. (St. John's Wood.)

No. 528.—Fancy embroidery. Bazaars and brides' parcels. Ladies' materials worked up cheaply.

No. 661.—Confectionery, teas, &c. Advertiser wishes a place as assistant. (S.W.)

No. 662.—Daily dressmaker. Very good cut and fit, or would manage small dressmaking business. High-class experience. (N.E.)

No. 663.—Experienced embroideress (frame and hand). Crochet. Orders desired. (S.W.)

No. 664. — Manicure and face massage. Ladies visited. Lessons given.

No. 665.—Knitting, crochet, cross-stitch. Gentlemen's waistcoats, wool on canvas. Orders solicited.

No. 666.—Blouse maker. Plain blouse, stock size, 1s. 6d. Ladies' materials. Charming Jap silk blouses. Very moderate charges.

No. 667.—Wanted, by an agency, reliable visiting dressmakers, milliners, &c. (W.)

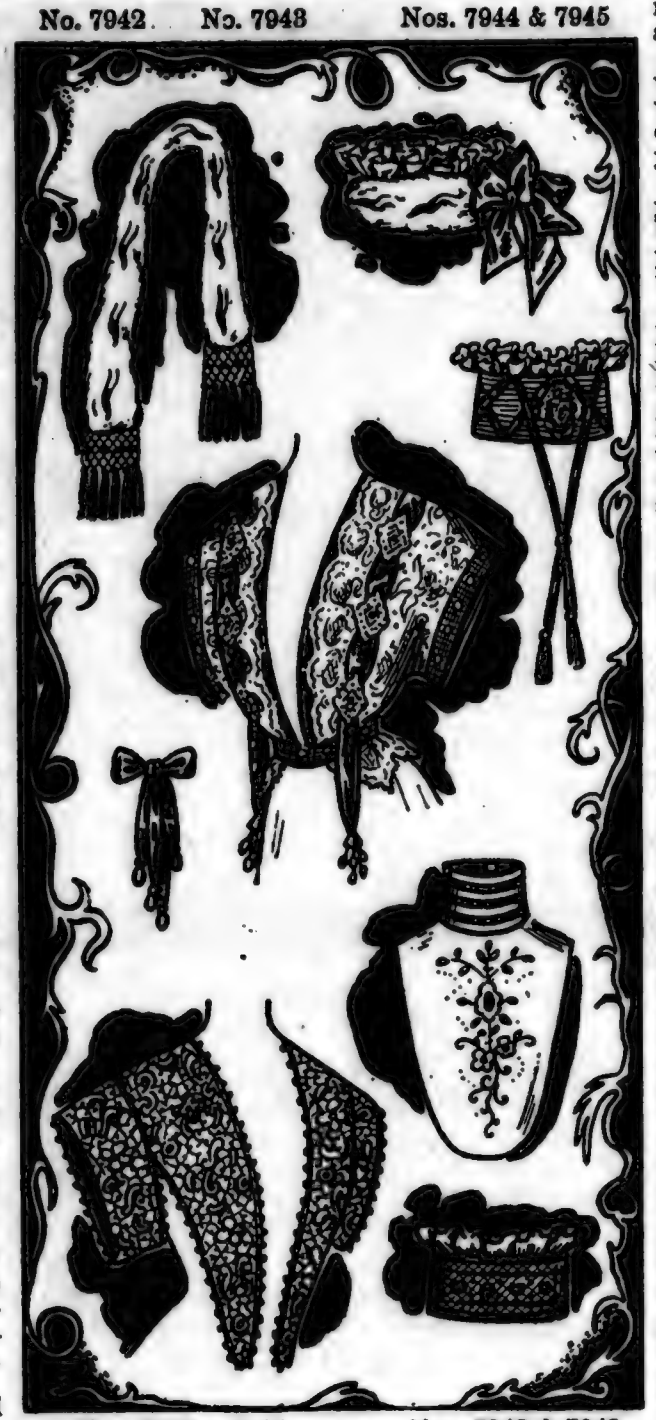
No. 668.—Partnership, management, or as first assistant in dressmaking business wanted. Near Birmingham preferred.

No. 669.—Wanted, ladies to train to become expert teachers (dressmaking, millinery, &c.) of the best class of work for private or business use. Fee, £10 10s. Time, about three months.

No. 670. — Skilled worker. Filet lace, broderie Anglaise, finest embroidery. Swiss style, for layettes, trousseaux, &c. Appliqué work. Orders desired. Blouses embroidered.

No. 671. — Daily dressmaker at ladies' houses, by day or week. (S.E.)

No. 7942 No. 7943 Nos. 7944 & 7945



Nos. 7946 & 7947 Nos. 7948 & 7949

SEASONABLE DETAILS OF DRESS.

For Descriptions see Pages 32 to 36.

Price of Paper Patterns, each 3½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Dressmaker (E. C.).—I am putting in a fresh notice for you, and I am very pleased to hear that the lady to whom I gave your name has employed you so frequently. I will remember you if I have any more enquiries of the kind.

Filet Lace, Embroidery, &c. (D. M. P.).—I will put your name on my Register, and I think it very possible that I may be able to get you orders, especially at this time of year. If your work is first-class you should have little difficulty in getting orders, though I always tell my readers that there cannot be a large demand for fancy work. Have you tried any of the high-class ladies' outfitters at Birmingham to see if you could obtain orders for your embroidered blouses? If you care to send the stamps for a private reply I can send you addresses of work societies—some of which hold periodical exhibitions of work—whose assistance might be of use to you, especially in making your work known. Names and addresses are never published in this Bureau.

Letter About Employment (J. U.).—If you will send me a stamped addressed envelope I will forward your letter to the Work Club in question, and I shall be glad to advise you if you will write fully as to your wants, &c.

Letters Forwarded (G. W.).—I forwarded your letters to Nos. 657 and 659, and should be glad to know the result, especially as I have previously been successful in finding you workers who have suited you.

Training College for Millinery, &c.—I will put a notice in for you, and possibly I may hear of pupils, but you are somewhat far away. I remember your writing to me some years ago, and I am sorry to hear of your troubles. I fancy most dressmakers prefer practical work to teaching. At least, I have far more applications for the former. However, you may be sure I will do what I can for you.

Enquiry Bureau.—I will file your address, and give it to any workers who may seem suitable. I will put a notice in for you in my Register, which may perhaps be of use.

Dressmaker (J. J. C.).—I sent you two letters from enquirers lately, and I hope you may get orders from each. Your charges certainly seem reasonable, consistent with careful work. Times are still bad for most people, and I find that the majority are unwilling to pay high prices. In fact, it seems to me that the only way to get constant work is to keep your charges at a strictly moderate figure. A worker who started through my Bureau speedily got as much as she could do, because her work was dainty and her prices being reasonable. Please fasten your notice securely when sending it for repetition, as it was only by chance I discovered it in the envelope.

Renovations, &c. (E. S.).—I am very sorry to hear of all your troubles, and I trust you may have better fortune in the future. I will not forget you if I have any suitable enquiries.

Embroideress (Mrs. S.).—I am sorry to learn that you are not eligible for the Work Society mentioned, but I should write to the other addresses in any case. I will put a notice in for you, which may bring some answers. I have other addresses if you would care for a private reply, in which case you must please send stamps. I don't know if you have ever tried any of the best-class ladies' outfitters who make a speciality of embroidered things—layettes, trousseaux, &c.—such as Woollands, Knightsbridge; Addley Bourne, Sloane Street: Jane Mason, Oxford Street. If not, it might be worth your while, if your work is really first-class. This is nowadays essential, whether the orders are private or trade.

Dressmaker (M. B., South Africa).—I forwarded your letter, and I should be glad to know if my correspondent gave satisfaction. I have workers of all kinds on my Register—should you want anything done—many of whom make a special study of Colonial orders.

Letter Forwarded (Miss T.).

Companionship, Blouse Making, &c. (E. M. S. S.).—I most certainly advise you to devote yourself to blouse making. One or two of my correspondents have established very successful businesses in this way, and if you are really quick and clever, quite a good income can be made. I advise you most strongly to learn shirt-cutting on the American principle. Few, indeed, are the dressmakers who can turn out a successful shirt, and if you could get instruction from a Frenchwoman in blouse

making you would be well-equipped. Do not despise the day of small things, and determine to get a good connection. The wise build this up by doing good work at a moderate price, and a good connection is the only firm foundation for a business of this kind. I advise you to begin with ladies' own materials. You can launch out later on. I am putting you on my Register. I can only send a private reply if you enclose six penny stamps and a stamped envelope. If you could manage an occasional trip to London the shops would supply you with many ideas.

PARTNER WANTED (E. R., Bath).—I will certainly not forget you, but I have no one suitable just at present. You should have sent your notice in for re-insertion, and keep it in till you are suited. It is the only way. Naturally, you do not wish to lose your good connection, and for that reason only a really capable partner would be of use to you.

FANCY WORK (S. A.).—Your English is very good. I am glad to hear that a German—a member of a most practical race—approves so highly of MYRA and the Bureau. I think you would do well to devote yourself to practical knitting—socks, shooting stockings, waistcoats, jerseys, &c. That is the kind of thing people need. I will gladly put you on my Register. The waistcoat—paper pattern enclosed—is one of a kind I know well, and they are very popular with men. There is a new kind of close-fitting, long-sleeved vest for wearing under a coat when motoring, which might be useful to you. I am sure you could get a pattern from our pattern department. Apply to Madame Myra.

LETTER FORWARDED (Mrs. T., Hampstead).—I forwarded your letter to No. 531. I trust with mutual satisfactory results.

DRESSMAKING PARTNER WANTED (B.).—The reason you did not find your notice was that you did not post it till my copy was in the printer's hands. It should reach this office at the latest by the first post on the 25th of each month if it is to appear in the next issue. I forwarded your letter to No. 648, but from your second letter I imagine that nothing has come of it. Just at present I have so many dressmakers seeking partners, and it is apparently most difficult to find someone suitable. I will certainly do all I can for you, and I have given your name to several enquirers, so I hope ere long you will be suited.

MANICURE, FACE MASSAGE (C.).—I am putting a notice in for you.

DAILY DRESSMAKER (Miss T.).—I am putting you on my Register. I suppose you would not care for a partnership—as I have vacancies both in London and the country—and the chance of a manager's post in Surrey? If you will enclose particulars in a blank stamped envelope I could forward communications. You seem to be very suitable for such work.

LETTER FORWARDED (M. J. L.).—I forwarded your letter to No. 659, and I hope you were able to give an order—to your mutual satisfaction? This Bureau is absolutely free except for private replies, for which a small charge of sixpence is made.

NOTICE WANTED (B. G.).—You will find the replies to your letters in the August and September issues, and I will see your notice appears this month. I am sorry to hear you had so much difficulty in getting MYRA in South Devon.

LETTERS FORWARDED (E. de L.).—I forwarded your letters to Nos. 570 and 620. I trust with good results. It is always kind of correspondents to let me know if they have been able to give work and to get satisfaction.

KNITTING ORDERS (M. M.).—Thanks for your courteous letter. I hope the order will give satisfaction to all concerned. I have since sent you on another letter. You should keep your notice in regularly.

DRESSMAKER, BLOUSE MAKER WANTED (Mrs. W.).—I sent your letters on, and I trust some of the workers whose names I gave you suited. It would be kind to let me know, as if not I can give you names of others.

DRESSMAKING PARTNERSHIP OR MANAGEMENT WANTED (A. E. W.).—I forwarded your letter to No. 653, but have heard nothing since. In case you are not suited I am putting a notice in for you, but as so many of my readers want partnerships at present, I think you will not have much difficulty. In any case, let me know what you do.

NEEDLEWORK (Mrs. M. D.).—You should most certainly keep your notice in regularly. It is the only way to get known. I observe you prefer layette work. Let me know how you get on.

NOTICE RECEIVED (Mrs. H.).—Thanks for your letter. I am sorry to hear you missed your holidays, and I advise you to take one shortly. I enjoyed mine greatly. I am surprised you have not heard from my correspondents, but most people have been away of late.

COAT SPOILT (M. C.).—I was glad to get your letter of explanation, but I advise you to write to the lady and see if you can put matters right at all. I will not forget you if I have enquiries.

FLORIST'S WORK (Ella M.).—As a new subscriber I certainly do not wish to dash your hopes, but I fear the profits you estimate on a florist's shop are somewhat exaggerated. In any case, however great your talent in the way of arranging flowers, &c., may be—and your botanical knowledge is doubtless of value—you could not possibly undertake a scheme such as you suggest without gaining practical experience first, and this you can only do by serving an apprenticeship, and in this way you will learn the trade. Buying, for instance, is most important, and whoever you go to should understand that this is to be part of your curriculum. You had better enter as good a class of business as possible in London. The premium you pay—from £5 upwards—will depend largely on the class of shop to which you go. With regard to the premiums paid—these may be anything from £15 to £50, or more. In your case you would probably have to pay a good deal, as you want complete instruction. Do not grudge the money. It should repay you 100 per cent. later on. It is harder work than you imagine, perhaps.

(*For further Answers see page 46.*)

"The desire to possess Beauty is keenest where refinement is strongest."

YOUR BUST DEVELOPED SIX INCHES FREE.

The Secret FREE for a BEAUTIFUL BUST and a PERFECT FIGURE.

Do you feel yourself deficient as to a plump, well-rounded figure? Is your bust measurement all that you desire? Are there hollow places above and below your collar-bone? Whatever you may lack in the way of perfect form or figure Nature will supply for you if you use the **DIANO** method. A request from you to the ESPANOLA Co. will bring to you, free of cost, a sealed package in plain wrapper giving you full information how you can, in the privacy of your own room, increase your bust measurement six inches in a short time and develop and perfect every part of your form. They also send free new beauty book, showing photos from life, with testimonials from many prominent society ladies who have used this safe, sure and rapid method. Write to-day, and enclose stamp to pay postage.

Lady Manager, M. G. ESPANOLA MEDICINE CO.
(Dept. 167), **205, Regent Street, London, W.**

PLATE BASKETS

We have a large stock of PLATE BASKETS. Each article is strongly made and well finished.

We can **SUPPLY and SATISFY** your requirements if you place your orders in our hands.

By doing so you will secure goods of **high** quality at store prices, and at the same time help to support the poor blind.

Letters should be addressed
MR. H. E. MULLINS,
Association for Promoting the General Welfare of the Blind,
258, TOTTENHAM COURT ROAD, LONDON, W.

THE AUTUMN FASHION NUMBER
OF
HEARTH & HOME
NOW READY, PRICE SIXPENCE,

Contains an interesting and exhaustive Review, profusely illustrated, of the latest Autumn Modes in GOWNS and MILLINERY, Stories, Articles, and many extra pages of Fashions.

MRS. TALBOT COKE contributes a FURNISHING HINT.
MRS. C. S. PEEL, an Article on COOKERY AND HOUSEKEEPING.
DAME DEBORAH PRIMROSE Advice on HEALTH AND BEAUTY.
THE HOTEL OF THE FUTURE, by ARNOLD BENNETT.
GROWING VIOLETS IN FRAMES, by Mrs. B. M. GWYN LEWIS, F.R.H.S.
THE ART OF THE NEEDLE, by BLANCHE FITZMAURICE.
WINTERING ABROAD, by HERMES.

"Hearth and Home" Autumn Fashion Number can be obtained at the Railway Bookstalls, of all Newsagents, and from the Publishers, BEETON & CO., Ltd., 10 and 11, Fetter Lane, London.

Shopping by Post.

FOR inexpensive tweeds, serges, and cloths, one should certainly send to Lewis's, Market Street, Manchester. The 46-inch tweeds at half a crown are wonderfully smart in design and colouring. Among these, the "Dominion Suiting" show tweeds of frieze-like character (Irish frieze is going to be very much worn) in very pretty mixtures. Of a less ornamental character, but of similar type, the excellent Wynthorpe Tweed can be quoted, 42 inches wide, and only 1s. 9d. the yard. At this low price, and at 2s. 2d., there is a large choice of smart tweeds, good mixtures, "half-effaced" chequers, or stripes, &c. The "Perdita" suitings show the new russet shades which are to be so much worn (2s. 11d., 48 inches wide). Very nice "Kashmeres" and vicuna and Venetian cloths, in the new winter shades, are from 1s. 9d. the yard. It is astonishing how many of Lewis's double-width dress fabrics of excellent appearance and wearing qualities can be secured for 1s. 9d. the yard. A very good "Tempest" serge can be had at this price in the new tints, although "Tempest" serges in black and navy are to be had as low as 1s. 2½d., and there is one variety—a heavy make in dark tints—which costs only 7s. the dress-length of 6 yards (48 inches wide). Gordon serges, with chevron diagonal texture, is 1s. 3d. the yard. Lewis's coating serges are very nice and very cheap.

Nuns' veilings at 1s. 3d. (42-inch) are in charming shades, including a lovely mauve. Lewis's silk-and-wool white dress fabrics are very pretty, 2s. 3d. the yard (42-inch). Of inexpensive blouse fabrics for autumn and winter there is no lack. The printed striped French flannels are remarkably attractive (1s. 6¾d., 28-inch), and there is a very good choice in smart washing blouse fabrics of flannelette type in very good colourings and designs. The "D. L." Unshrinkable Suitings, 28-29 inches wide, are 1s. 0¾d. and 1s. 4½d. the yard in attractive colourings.

Lewis's "Wonderful" Luisine lining is a very good foundation material, glossy as satin, in a variety of colourings and other shades, 40 inches wide, and only 9½d. the yard. It must not be forgotten that Lewis's are the proprietors of the "Wonderful" Velveteens, which are to be obtained in all pale and dark shades. The pile is *fast*, and the velveteen is only 2s. the yard. The new green and russet shades are very attractive for day wear, and there are some lovely pale shades—delicate leaf green, pale mauve, primrose, &c.

SMALL and SAFE INVESTMENTS

IN CONTINENTAL SECURITIES.

SEND FOR PARTICULARS (1d. Postcard).

CUNLIFFE, RUSSELL & Co.,

10 and 12, Place de la Bourse, PARIS.

BEAUTIFUL SERGE.

Whoever has not tried the excellent dress serges of the South Devon Serge and Blanket Warehouse should begin at once by writing off for patterns. The South Devon Serge and Blanket Warehouse is at Teignmouth, Devon, and their speciality is serge—they supply our navy, indeed, with this fabric. Beauty of appearance is combined with the best dye and wearing qualities. All serges are thoroughly shrunk, and will not fade, spot, nor cockle when subjected to the roughest wear. All the serges—light, heavy, medium—are most moderate in price. Their serges are well known all over the world, such as the "West of England" all-wool Serges, the "Admiralty" all-wool Serges, the "Royal Dreadnought Real Navy" all-wool Serge, &c.

CORRECT DRESS STANDS.

The style of dress has changed in a marked degree lately, and, consequently, professional and home dressmakers who mean to turn out smart gowns must renew their dress-stands. Corsets are different and petticoats are few—or absent—in order to get the lithe, slim figure required for Directoire gowns.

Messrs. John Clark and Co. (3, Tottenham Street, Tottenham Court Road, W.) have an eye for lines, and consequently the modelling of their dress stands can be relied upon. They work from the three types of corsets as now worn, and model their stands as desired in the natural, straight front and ordinary styles. The "natural" is the one best suited to Directoire gowns, because more nearly allied to the Greek, on which the Directoire was modelled (see the illustrations on this page, showing the three types).

Messrs. Clark model accurately from a well-fitted dress bodice, and, for the home dressmaker, who only requires her own shape, the best plan is to get a specially moulded dress stand. Professional dressmakers, as a rule, content themselves with accepted sizes, unless a rich customer provides a stand or supplies enough profit to make it worth while to get one. Messrs. Clark's stands are of all types and prices,

THREE TYPES OF DRESS STANDS.

No 104.—THE "IDEAL."

with or without arms, padded to the short or long hip, &c. One of their catalogues should be written for. Our second illustration shows the splendid Ideal stand—No. 104, price 43s.—which has jointed "Cupabul" arms and long, padded hip. Complete, of first grade, with wooden box, this costs 43s. The second grade (card box) can be had for 33s. The "Ideal" stand is modelled from ladies' own measurements for 9s. 6d. extra. It is wise also to send a well-fitting bodice.

The stands are padded for pinning, and the covering material is very durable. Patterns of the materials used, with prices, are sent with the illustrated catalogue.

The patterns of materials, pasted into the catalogue, show clearly the texture and colours of the various cloths used. There is a wide choice in thickness, texture, and shade.

Messrs. Clark and Co.'s stands are wonderfully moderate. A padded short hip stand, without wire skirt, can be had as low as 5s., in stock sizes, and covered with the cheapest cloth.

OATINE.

Now that winter blasts may beat upon us at any moment, we should lose no time in getting a supply of Oatine Cream, which is not only feeding to the skin, but a great preservative against ill effects of exposure. One of the great benefits, however, of Oatine Cream is its power to flush out the pores of the skin, and remove the black atoms of dust which take all freshness from the complexion—to say nothing o cleanliness. Oatine Cream is on sale at all chemists, stores, &c., but a free sample will be sent for trial if 3d. in stamps is sent to The Oatine Company, 136, Denman Street, London, S.E.

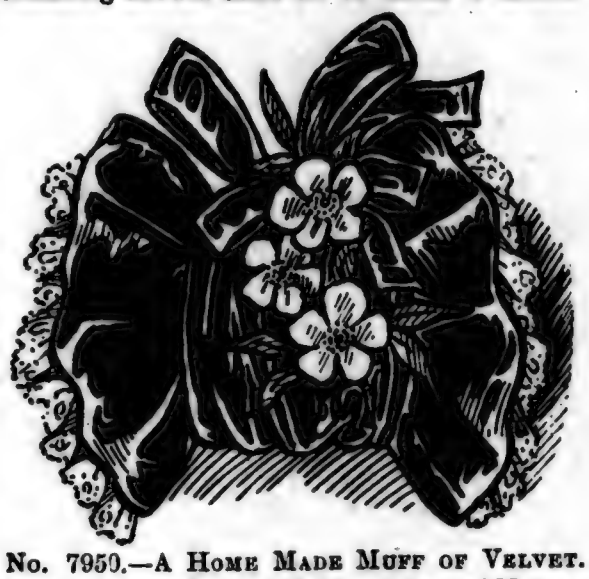
THE FAVOURITE HOOK AND EYE.

It is impossible to close a skirt or blouse opening properly without the aid of Newey's Imperial Spring Hooks and Eyes, because most fastenings become detached, and the opening gapes in consequence. There is a very cunningly devised "hump" in the hook which retains the eye until it is purposely detached. These hooks are to be had in black and white of all sizes. They are made up (according to size and colour) on cards of two dozen, and each card has in addition a certain proportion of "Neweye" Loops or "bars" which effectually replace the eyes in parts where it is practically impossible to hide their tails.

No professional dressmaker ever dreams of using any other than Newey's Imperial Spring Hooks and Eyes (which work so smoothly and efficaciously, and which never rust). Amateur dressmakers will be wise to follow their example. All drapers keep Newey's hooks and eyes in their haberdashery department, because they are so universally asked for.

A soiled blouse, and P.O. for 1s. 3d., is sent to Messrs. Clark and Co. (9, Hallcroft Road, Retford), and it is sent back, dry-cleaned, looking equal to new. Messrs. Clark's prices are astonishingly low, taking into consideration the work they turn out. A whole dress, made up, is dry-cleaned, for 4s. Ladies who have not tested Messrs. Clark's efficiency in the matter of dry-cleaning should send off to them a soiled blouse without delay, and they will be delighted with the result.

"Pete," Hall Caine's play (adapted from his novel and a huge success at the Lyceum Theatre), is going to be one of those stock successes like "The Silver King" and "The Sign of the Cross." Messrs. C. W. Faulkner and Co., not slow to recognise that fact, have produced their series of "Pete" picture post-cards, which are being sold in numbers all over the country. They are very attractive not only as portraits of the performers (Mr. Matheson Lang, Miss Hutin Britton, &c.), but as striking pictures of the most effective episodes of a very popular play which will in time penetrate into every town of the kingdom.



No. 7950.—A Home Made Muff of Velvet.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

Descriptions of the Illustrations.

(Continued from page 36.)

Pretty Suggestions for Collars and Ties.
Nos. 7945, 7946, & 7949, **Page 40.** No. 7945 is of tucked silk or muslin, decorated with a lattice and tie ends (tipped tassels) of narrow velvet ribbon. Lace medallion in front. Support on bones. Frill of the collar material. No. 7946 is a little velvet tie-bow. No. 7949 is a collar of filet net, embroidered in silk and edged with velvet. Frill of silk matching lace.

Lace Kimona Overblouse.
No. 7947, **Page 40.** Cut from fragments of Irish crochet piece lace, edged with lace-braid trimming. Back and fronts are in one. Sleevelets are added.

An Embroidered Vest.
No. 7948, **Page 40.** Of satin, prettily embroidered with Peri Lusta thread. Collar of satin ribbon, joined with faggot stitchery in Peri Lusta thread.

SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).
MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with MEDICAL CERTIFICATE and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, TAYLOR & CO.
(Dept. 26), 149, FLEET STREET, LONDON, E.C.

TWO COMPLETE NOVELETTES
ENTITLED
1. THE VENGEANCE OF MARY PASCOE
AND
2. MEG WALLACE.
A Piece of Music, "THE PRIMROSE PATH."
Words and Music by F. H. Sikes, M.A.
And a Capital Portrait (13in. by 9½in.) of
Her Majesty the late Queen Victoria.
(Printed on Enamel Paper.)
Will be sent Post Free on receipt of SIX PENNY STAMPS.
BEETON & CO., Ltd., 10 and 11, Fetter Lane, London, E.C.

A HEALTHY COMPLEXION
Can only be secured by a healthy state of body.
Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.
WHELPTON'S VEGETABLE PURIFYING PILLS
Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.
See that you get Whelpton's, and do not accept anything **"just as good."**
8256

A Warning for Winter.

The Amazon Cloths, Venetians, Habit Cloths, and other faced cloths so fashionable this season, are beautiful cloths, but are very liable to SPOT with RAIN unless they are "PIRLE" FINISHED.

Your Draper knows that we guarantee to make good any damage by rain to materials bearing on the selvedge this stamp:

THE "PIRLE" FINISH.

Extract from "Madge's" letter in *Truth*:

"Every dressmaker ought to leave out a bit of selvedge somewhere with the 'Pirle' stamp on it, as this affords an absolute guarantee for the wearer. The propr etors undertake to make good any materiel so stamped that has been actually damaged by rain."

Pirle-finished Cloths and made-up Skirts are obtainable from leading Drapers.

Full Particulars from—
EDWARD RIPLEY & SON, LTD.,
100c, Queen Victoria Street,
LONDON, E.C.

COOKERY & HOUSEHOLD MANAGEMENT.

SOME DISHES WITHOUT MEAT AND SWEETS WITHOUT EGGS.

WHEN meat is expensive and eggs are scarce and dear, the claims of the vegetable world, as a provider of foods in no way inferior to those bought from the butcher, are recognised more cordially than in times when everything is cheap, and people buy what they like without so much thought of getting the best return from the money they spend.

Without entering into a controversy on the respective merits of meat and non-meat diet—a controversy as ancient as the world, and probably as long-lived also—it is yet well to put before readers some recipes which will at least save the butcher's bill and reduce the number of eggs used in the kitchen, without in any sense tending to reduce the stamina of household and family who partake of the dishes made from them.

Haricot beans, lentils, peas, rice, and other grains should be much more frequently used than they are, as will be understood easily by those who remember that in 1lb of meat there is only ¼lb of nourishing matter; while the grains above named have 13½oz to the pound of nourishment. In other words, there is ¾lb of water in 1lb of lean meat, and 2½oz only of water in 1lb of pulse.

A Vegetable Soup (White).—Ingredients: 4 carrots, 3 onions, 1oz of yellow lentils, 1oz of white haricot beans, 2oz of large sago, the yolks of two eggs, a gill of new milk, a stick of celery, a saltspoonful of mixed herbs, and a little salt. Method: Boil the vegetables, lentils, beans, salt, and seasoning, in 2 quarts of water, for six hours. Wash the sago, and cook it slowly for two hours in one pint of water. Strain the liquid of the stock after boiling into a basin. Add the cooked sago, and return the whole to the saucepan to keep hot. When ready to serve, have the milk hot, and whisk it up for a few minutes with the yolks of the eggs in the bottom of a hot tureen. Pour the boiling soup over, stirring all the time. This soup may be made without the eggs, but it will not be so smooth and delicate. Fresh eggs, however, are not needed. Those preserved in salt or waterglass, &c., will do perfectly well.

A Brown Vegetable Soup.—Ingredients: Two large carrots, 2 onions, 1oz of butter, 5 cloves, a blade of mace, a teaspoonful of black peppercorns, a saltspoonful of celery seeds, a saltspoonful of mixed herbs, a tablespoonful each of mushroom ketchup and browning, 3oz of bread, in a large thick slice, a large teaspoonful of arrowroot, and 3 pints of water. Method: Cut up the vegetables, and fry them, till light brown in colour, in the butter. Add the water, boiling, and the seasoning, and simmer for two hours; then add the bread, and simmer for another hour; strain through a hair sieve, and put the liquid stock back into the saucepan. Take one-third of the cooked vegetables and the bread through a sieve, into a basin. Then take a few spoonfuls of the stock from the saucepan, and mix the arrowroot smoothly with it. Return this to the saucepan, and boil for two or three minutes. Then add the pulped vegetables and bread, and the ketchup and browning sauce, and keep hot till ready to serve. A few savoury balls made from grated breadcrumbs, chopped parsley, mixed herbs, and a few drops of lemon-juice and one ounce of butter, well mixed and rolled into balls, are a great improvement to this soup, and should be added about a quarter of an hour before serving, just to get quite hot before dishing up.

Chestnut Soup.—Ingredients: One quart of new milk, half a stick of celery, two tablespoonfuls of Groult's cooked chestnut flour and a pinch of salt. Method: Boil the celery in the milk until it is nicely flavoured. Then mix the chestnut flour with a few spoonfuls of cold milk, and when quite smooth strain the boiling flavouring milk into it, stirring for a few minutes. Return to the saucepan and boil for ten minutes, then serve at once.

Curried Lentils.—Boil 3 tablespoonfuls of German lentils in as much water as will cover them, and a little salt, until they are tender, but not broken; strain off the water which remains, and put the lentils aside. Fry a good-sized onion, sliced, in an ounce of butter. Add to this 3 tomatoes, sliced, and let them be just warmed through. Mix in another basin a teaspoonful of curry paste, half a teaspoonful of curry powder, a heaped-up teaspoonful of flour, with half a pint of water, taking care to have the mixture quite smooth. Add the prepared onions and tomatoes, and put into a saucepan with a lump of sugar, the juice of half a lemon, and an ounce of butter, and boil until thick. Pour this sauce over the lentils, and let all stand for an hour or two. When required for table, heat it all up, and serve with a border of Patna rice.

Scalloped Tomatoes.—Peel the tomatoes and cut them into very thin slices. Butter one or more scallop tins, put a layer of breadcrumbs at the bottom of each, with small pieces of butter on the top; then a layer of tomatoes, then breadcrumbs and butter again, and so on till the tin is filled up, finishing with a layer of breadcrumbs and butter. Sprinkle in pepper and salt to taste, and bake till nicely browned. Serve in the tins, on a napkin.

Scalloped Artichokes.—Boil some artichokes in their skins till tender. Draw off the water, and when they are cold cut them in small pieces the size of an oyster. Then proceed in the same way as the recipe for tomatoes, given above.

Stuffed Onions.—Parboil two large Spanish onions, cut off a small slice at the top so as to form a lid, and scoop out as much of the inside as possible. Chop up the onion taken out, and mix it with lentil purée and grated cheese. Fill up the onions with this mixture. Put a small piece of butter on the top, and shut the onion-lid down. Place in a pie-dish with a little water and cook till the onions are quite tender. Serve with or without a little white sauce, as may be preferred.

Queen's Rice Pudding.—Boil 3oz of well washed Carolina rice in 1 quart of milk for three or four hours, till the grains are almost dissolved. Pour it into a basin, and when cooled a little, stir in ½oz of gelatine dissolved in a little milk, and carefully strained. Add 1 gill of cream, 3 lumps of sugar, and 2 teaspoonfuls orange-flower water, pour into a wetted mould, and stand till set. Then turn out, and serve.

Sago and Apple Pudding.—Slice and cook four large apples. Boil five ounces of sago in a small quantity of water, add the apples, and as much sugar and lemon essence as will sweeten and flavour to taste. Then bake in a pie dish.

Cream Toast.—Toast a slice of either brown or white bread, cut it in square pieces, and lay them in a dish; add a little sugar and a few drops of almond flavouring to half a pint of cream, and when boiling pour it over the toast and serve at once.

These are only sample recipes, a few drawn from a great many available. Others will be given in correspondence as required.

Letitia Hope.

ANSWERS TO CORRESPONDENTS.

Letters must be addressed to Mrs. Hope, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Mulled Wine.—You can use any wine you like for mulling, but port, sherry, or claret are those most generally preferred as a hot drink on a cold night. Simply put the wine into a daintily clean little pan, with, or without, a third of its quantity of water. Add two cloves and a piece of cinnamon, and boil for a few minutes. Take out the spices, sweeten the wine with a little loaf-sugar, grate a little nutmeg into it and serve very hot. Yes, negus is very like mulled wine, but it is only heated, and not actually boiled. It serves its purpose very well, and certainly "keeps out the cold" before a long drive.—Anita.

The Making of Soap.—I do not know that it is especially economical to make soap, as it can be bought so cheaply and so well. Still, if you wish to have it home-made, try this quite reliable recipe: Have 3lb of any kind of fat, well clarified. Add to it 1½lb of washing soda and 1lb of lime, and boil all together for two hours. Pour into a shallow, square tin, and when cool, cut into squares, and store these in a dry and airy place to harden. I must warn you that soap-making is a very odoriferous proceeding, and is best undertaken when the family is from home. The smell of fat, &c., cannot be disguised.—Carette.

Nuts as Food.—I am afraid I do not know much about nuts as food, from personal experience, so I cannot give you, as you ask, my candid opinion about them; but I do know that they have a very large proportion of proteid (the substance of which the lean of meat is composed) and also little starch and sugar, and that dried filberts, hazel nuts, and walnuts, are said to be, weight for weight, more nourishing than any fatty flesh foods like bacon, duck, goose, pork, &c. Chestnuts are said to be all that man requires for growth, development, and strength for active work. You should consult a convinced "nut-arian" and then experiment for yourself. Truly I am, personally, a very unfaddy individual, and cannot whole-heartedly say "go and live on nuts." I'm sorry.—Jessica Jules

"Your journal is indeed a great help to me. . . I have to rely on a good book."—Miss D. B. (Newcastle-on-Tyne).

PRIZE RECIPES AND HOUSEHOLD HINTS.

NOTE.—All recipes and hints intended for competition must be sent to Mrs. Hope, 10 and 11, Fetter Lane, E.C. They should not be included in envelopes containing queries for other departments, as that entails considerable delay, and often causes the competing papers to reach Mrs. Hope too late for the Competition. Competitors must write their recipes or hints each on a separate sheet, and must put *their name and address* on each.

Mrs. Hope wishes it to be understood that she cannot enter into correspondence with regard to the Hints and Recipes Competitions.

She must further remind competitors that efforts which are not accompanied by a coupon are not considered at all, and that names and addresses of *prize winners* are always printed. All efforts are welcomed, but the rules must be kept, and competitors who write "please do not publish my address" must not expect to gain prizes.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

BEEF JUICE FOR INVALIDS.—Take lean rump steak. Heat it slightly in a pan over the fire, then squeeze in a warm lemon-squeezer. Season with a little salt, and it is ready. Serve it in a coloured claret glass, as invalids often object to beef juice on account of the colour.—Miss M. SMITH, 2, St. John's Road, Rangoon, Burmah.

A DAINTY WAY TO SERVE A MELON.—Peel the fruit, and remove the seeds. Then cut the melon in little pieces, and cover the bottom of a glass dish with alternate layers of melon and sugar, finishing with a layer of sugar. Put a plate on top, and let it stand for an hour. If served thus the most insipid melon is made delightfully appetising. — Mrs. MICHAL, 15, Lochrin Place, Edinburgh.

ŒUFS A LA SUISSE.—Spread the bottom of a white fireproof china dish with 2oz of butter, and cover this with thin slices of gruyère or any other cheese, and melt in the oven for ten minutes. Then break six or eight eggs upon the cheese, taking care to keep the yolks whole. Season to taste with pepper and salt. Pour a gill of cream, salted to taste, over the whole, and dust with 2oz of grated cheese, and place in a moderate oven for ten minutes. This dish is nice at any time, but is especially so in spring, with new potatoes and asparagus. —Miss MUNRO, 15, Broadwater Down, Tunbridge Wells.

INDIAN CHUTNEY.—This is best made in October or September, when tomatoes are at their best. Ingredients: 8ozs sour apples, pared and cored, 8ozs tomatoes, 8ozs salt, 8ozs brown sugar, 8ozs stoned raisins, 4ozs cayenne, 4ozs powdered ginger, 2ozs garlic, 2ozs chalots, 3qrts vinegar, 1 qrt lemonjuice. Method: Chop the apples and add the other ingredients. Mix the whole well together, and put in a well-covered jar. Keep in a warm place, and stir daily for a month. Steam, but do not squeeze dry, store away in jars and bottles for use. Delicious with cold meat.—Mrs. S. STANLEY, 24, Bridge Street, Banbury, Oxfordshire.

COMMENDED AND RECOMMENDED.

MAYONAISE is usually considered too hard to make, yet it is not so. Mix the mustard, salt, and pepper well, add the yolk of an egg, and stir in the oil, stirring swiftly, and pouring slowly. Now, if the mayonaise should turn, or appear spoiled, put in a little of the white of the egg, stirring rapidly, always one way, and you will find that even the most hopeless mess is put right with this. Lastly, add a little vinegar. This is nearly as thick as butter, and can be flavoured in different ways. —Lee, S.W.

GERMAN OPEN TART.—Grease thoroughly a shallow baking-tin, line it with light short crust. On this place a layer of thinly sliced apple, followed by a layer of picked and washed currants, red and black, sprinkle with sugar. Repeat the layers till the dish is full. Decorate the top with fancy cut pastry. Bake in a quick oven until nicely cooked.—Darlington.

FISH PUDDING.—Take the bones out of half a pound of cold boiled fish, bruise it up into a paste with a fork, adding two well-beaten eggs. Dissolve two ounces of butter in half a pint of milk, soak a cup of fine breadcrumbs in this, season with pepper and salt and a little grated lemon peel, add this to the fish, put the mixture into a well-greased pudding mould, and either bake or steam it for about three-quarters of an hour. Turn out on to a hot dish, and pour over it a thick, unsweetened custard, well flavoured with tomatoes.—Cork.

GINGER CAKE.—½lb flour, ½lb sugar, ½lb butter, 2 tablespoonfuls syrup, 1 teaspoonful of carbonate of soda, 1 teaspoonful of ground cloves, 1 teaspoonful of alspice, 1 teaspoonful of ground ginger, 1 egg, milk, sultanas, and lemon peel. Method: Slightly warm milk and syrup, then add the butter, sugar, and egg. The flour and dry ingredients must be well mixed and added gradually. Time to bake ¾ of an hour. It can be made into a loaf cake or in a flat tin and cut in wedges when cooked.—South Africa.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
FOUR BEST COOKERY RECIPES.

FOUR PRIZES, EACH 2s. 6d.,
ARE AWARDED FOR THE
BEST HOUSEHOLD HINTS.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

ECONOMICAL JAM-POT COVERS.—Keep all good pieces of white tissue paper. Cut pieces the size you require to cover the jam-pot. Dip lightly in cold milk, put on top of the pot, pressing it round the outside of the rim, and when dry it will be air-tight.—Mrs. ALCOCK, 2, Rockview Terrace, Montenotte, Cork.

SOME USES FOR VINEGAR.—Two tablespoonfuls of vinegar added to the water in which chicken, beef, or fish is boiled will hasten it in becoming tender, and much improve the colour and flavour of fish and chicken. If fish is slightly stale, a little vinegar added to the water in which it is washed will greatly improve it. Tough pieces of meat are rendered more tender if dipped in vinegar previous to cooking. Vinegar boiled on the stove while cooking onions or cabbage will prevent the smell from filling the house. If added to a bottle of dried glue, it will moisten and make it like new again. Vinegar and salt will clean copper and brass. After its application the article should be well washed and polished with a dry cloth. Vinegar, if added to the rinsing water of clothes will revive colour faded by soap. Vinegar and water very effectively cleanse stained flower vases. In cases of severe burns, cotton-wool soaked in vinegar should be applied at once. Vinegar and water is good for bathing bruises and sprains, for preventing chapped hands, and for bathing the forehead during a headache.—Miss E. BECKETT, Penn Fields, Wolverhampton.

COMMENDED AND RECOMMENDED.

FOR REMOVING STAINS. — Since using ammonia in my washing, I never have to bother to remove stains. I soak the clothes overnight, then wash in water to which has been added 3 tablespoonfuls of turpentine and 3 of ammonia. Soap the clothes well as they are put into this. Rub and boil as usual with a tablespoonful of ammonia to the boiler of water. Rinse well, and they will be wonderfully white, and you will find that all stains have disappeared.—St. John's Chapel.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before November 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

One or both the coupons below must be sent in with the Recipes or Hints.

COOKING RECIPES.
NOVEMBER, 1908.

HOUSEHOLD HINTS.
NOVEMBER, 1908.

The Result of the Competition will be published in the January number.

NOTE.—All prize-winners, when they see their names announced, must apply by letter for any prize they may be awarded. If such application is not made within a month of the date of he number containing list of prize-winners, the prize will be cancelled. Applications MUST NOT be made to Mrs. Hope, but to Messrs. BEETON & Co., 10 & 11, Fetter Lane, E.C.

YOUR FIGURE

can be developed

by a pleasant scientific Home method at a small cost without entailing the slightest inconvenience. If you knew how easy it is for ladies lacking in proper development of the bust to obtain in a short time magnificent figures, you would readily take advantage of this wonderful treatment.

A pretty woman with perfect form and figure becomes the envy of everyone. A plain woman with a well-developed bust becomes more prepossessing than her pretty sister lacking in this respect. **The Temple Nerve and Flesh Food** (*a vitalising agent and Flesh builder*) will give you perfect health, lovely complexion and a queenly figure. It will by a natural method develop your Bust, remove all wrinkles, crowsfeet, pimples, blackheads, and blemishes from the skin. It tones up the digestive organs and nerves, and gives you a well-developed figure that will command admiration, also you have the most priceless gift of all—**perfect health.**

If you lack proper development of the bust or figure,

TAKE ADVANTAGE OF THIS OPPORTUNITY.

Madame H. N. Temple, who has successfully benefited thousands of ladies in all parts of the world, will send absolutely FREE a *trial package of this treatment* to any lady interested. This is a genuine offer, and it will be to your advantage to accept same. Write to-day enclosing stamp for postage to Madame H. N. Temple, The Temple Association (Dept. 139), 8, Blenheim Street, Bond Street, London, W.

Correspondence.

RULES.

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.

2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.

3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.

4. Queries to be answered by post must be limited to three.

5. It is absolutely necessary that every letter should contain real name and full address. The space for correspondence is so limited that a large number of answers have to be sent by post. This is especially the case with "Dress," which requires prompt and often private replies. Only questions of general interest are answered in this page. Whether letters are to be answered by post or in these columns, the Correspondence Coupon, cut from the current number, must be enclosed.

DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

TREMONA.—I have so little space this month that all dress queries have been answered by post. I have reserved your queries, however, for this column, as they are on a subject of very general interest to all mothers. (1) You are quite right in giving your girl, fresh from school, an allowance. Only too many mothers make the grave mistake of bringing up their girls totally ignorant of money and money's worth, also of the slight complexity of cheques. An allowance, however small (and £40 is a good one), is a capital method of opening a banking account, and teaching the girl the easy, but too often (to her) mysterious methods of banked income. A complete outfit of underwear, as you suggest, and a best winter coat and skirt and best evening frock, is an admirable start. Certainly, she ought to find the means of paying her small incidental expenses, such as stamps, stationery, &c., as she will not need many dresses. She ought to reserve £10 a year for this. That leaves her £30. I presume you do not mean to give your daughter every year her best tailor-made and her best evening frock. (2) Here is a fair apportioning of the £30: Two nice tailor-mades, for winter and summer, £7; two evening dresses, £8; winter coat, £4; boots and foot wear, £2; underwear, £1 10s.; blouses and skirts, £4; skirts, £2; gloves, &c., £1 10s. Last year's coat and skirt, brought up to date, can suffice for ordinary wear, with the help of your good needlewoman, who also must make the blouses and plain shirts, and help with the smarter underwear. A winter coat need not be purchased every year if a really handsome one is required. A first-class coat can generally be brought up to date with some care and skill. (3) An every-day coat and skirt could be of winter serge or tweed. The skirt should be just off the ground, and should fall close to the figure —see the pleated skirt No. 7,925. A simple, but smart, coat is best (of the skirt material) like No. 7,929. (4) For the best evening frock I would suggest a Directoire, with skirt just on the ground. Copy the skirt (a little shorter) and sleeve of No. 7,903, also the sash (but in ribbon), *no* fringe for so young a lady. The bodice illustrated is too old for her. Replace it with crossed draperies of the skirt material, with drawn up chemisette of net. Replace the lace band on the skirt by tucking the material.

(Owing to pressure of space many Answers are crowded out, and been sent by post.)

EMPLOYMENTS FOR LADIES.

Letters to be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.
Continued from Page 41.

NOTICES RECEIVED.—Fellicitee, M. W., M. L.

RENOVATIONS, &c.—I don't quite understand your letter. Why should you not have undertaken the work under the circumstances? If you can do it, I think you are likely to get orders. Your notices reached me too late for our last issue. I am sorry to hear you had such difficulty in getting the paper.

BLOUSE MAKING (G. H.).—Certainly you can have two distinct notices, and I will do this for you. I hope you will be able to get the instruction you want. I certainly advise the blouse business in preference to your other suggestions, which are of too ephemeral and uncertain a nature to be of any use.

WHAT OPENING IS THERE FOR A WOMAN OF FORTY? (R. F.).—Yours is a difficult question to answer, as for many posts—the posts that require training—you are too old. Then, again, you do not seem to have any particular bent. That you have good health is a valuable asset, the best asset of all. I think you could hardly do better than take up laundry work, for this, to the really hard-working woman, offers a livelihood, and possibly something more. It is usual in England for women to manage laundries, who have the entire charge in their hands, being responsible either to the owners, or to the directors, if, as is often the case, the laundry is owned by a company. It is best to qualify by taking either a three or a six months' course in a really good and up-to-date laundry. At the end of that time, if you have given satisfaction, you will be able to obtain a post as manageress, assistant manageress, or forewoman. If you are wise, either of the two latter should be chosen for a beginning. As forewoman you would earn from £1 to 25s. weekly, and as manageress your salary might be anything between £100 and £1,000 a year. I think you would have to reckon your expenses during training at £25 or thereabouts. It is hard work, and the standing is trying, but it presents better possibilities than most work open to women. I fear, unless you can save, that you have not enough capital to start either a hand or steam laundry—the latter is more expensive. I wish you all success.

GRAPHOLOGY.

(Continued from p. 13.)

QUEEN.—Great acuteness of perception is revealed by this writing. You are very generous, tactful, kind hearted, and sympathetic. You have the gift of being able to put yourself in another's place for the time being, and so thoroughly understanding them. You are precise and methodical, and a lover of order. I judge you to be fond of outdoor life, and all the beauties of nature would greatly appeal to you. You should make a good lady gardener, taking up the culture of flowers in particular, and you have much energy. You have a very strong will, and at times the temper is apt to be a little hasty, but your kindly nature would always prevent you from being unkind at all. Your ideals are very high, and your nature ardent. The signature repeats great determination and strength of will, also sequence of ideas, and the rather uncommon power of concentrating your attention very strongly, and you would consider no trifle too small or no detail too insignificant to be worthy of notice.

ESAU.—In reply to your question as to why copied matter is not admissible, Graphologists invariably make this rule because they desire material that will be as nearly as possible absolutely natural, and therefore the more readily reveal the characteristics of the writer, whereas in copied matter the thoughts are turned away from the *act of writing*, and loses its individuality. You have a very active mind, and are ambitious. The imagination and mental abilities are of a high order, and you have a keen sense of humour, a trait which is sometimes inclined to become sarcastic. You are friendly and fond of society, but like to stand well with those acquaintances at all times. You are kind-hearted, and should be fond of music. You have artistic tendencies, and should dress well.

SALLY J.—In reply to your question as to whether you will get on in business and increase your customers, I cannot tell by Graphology, as this science diagnoses character only, not events; but I certainly think you are likely to do so, because you are very tenacious of purpose, and have the ardent desire to progress, which is half the fight, but never hurry over your work, otherwise you may lack detail. You are kindly natured, sensitive and generous, ardent and very energetic. You have plenty of imagination, and have an eye for beauty of form, which would give you the ability to drape your models in an original style. You think highly of the ideals of life, and have much veneration.

JACIE.—Thank you for your very amusing note. Your writing reveals a very keen wit and much dry humour, but why so sceptical? Surely the value of Graphology would be entirely destroyed if the writer were personally known to the delineator, and his character known without reference to the writing. You have much imagination, and would make a decidedly good writer, either as a journalist or in fiction of the imaginative kind, for you have great fluency of ideas, and yours is "the pen of a ready writer." You are cautious, but by no means a coward, that is to say, you would never shirk an undertaking, but would never rush blindly into it. The will is not so strong as I should like to see it, and at times are inclined to irritability. You are intuitive, and have good reasoning powers.

INTERESTED.—This handwriting shows self-reliance and a hopeful nature. Beauty of form and appreciation of colour is strongly marked. You are original and deft with your fingers. By nature you are impulsive, but have trained yourself to be painstaking and careful about details. You are very trustworthy and reliable. You have plenty of personal dignity, and a spice of vanity. These latter would give you the fighting power which will enable you to make your way in life, for otherwise the will is not very strong. Thank you for your kind and appreciative letter concerning MYRA.

(Many Answers are crowded out.)

COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

EMPLOYMENTS.
NOVEMBER, 1908.

DRESS AND HAIRDRESSING.
NOVEMBER, 1908.

HEALTH AND BEAUTY.
NOVEMBER, 1908.

GRAPHOLOGY.
NOVEMBER, 1908.

ETIQUETTE.
NOVEMBER, 1908.

COOKERY & HOUSE MANAGEMENT.
NOVEMBER, 1908.

"Your patterns are so excellent I do not care to use any other."—A.

OUR FREE BARGAIN COLUMNS.

Advertisements must reach the office of "Myra's Journal," 10, Fetter Lane, London, before the 1st of each month.

RULES.

1. *A PRIVATE ADVERTISEMENT OF TWELVE WORDS IS INSERTED FREE OF CHARGE. 3d. will be charged for every extra six words or portion of six words.*

2. *It is indispensable that the FREE BARGAIN COUPON should be cut from this paper and enclosed with each advertisement.*

3. *No responsibility is taken by us with regard to any sales or exchanges arranged, or to any remittances forwarded, nor can we interfere in any differences that may arise between parties to a bargain.*

4. *Payment of carriage for articles on sale or approval must be arranged between themselves by the parties.*

5. THE REPLY TO A NUMBERED ADVERTISEMENT MUST BE CONTAINED IN A BLANK STAMPED ENVELOPE, WHICH MUST BE FASTENED, AND HAVE THE DISTINGUISHING NUMBER OF THE ADVERTISEMENT CLEARLY WRITTEN UPON THE TOP RIGHT HAND.

This reply (or any number of them) must be enclosed in another stamped envelope, directed to the Editor, Free Bargain Columns, MYRA'S JOURNAL, *10 and 11, Fetter Lane, E.C., who will add the right name and address, and post it, and thus bring buyer and seller into communication.*

Advertisements must reach the office of this paper before the 1st of the month preceding date of issue.

Free Bargains Coupon.

Myra's Journal, November, 1908.

DRESS AND MILLINERY.

SKIRTS, Navy or Black, to measure, 5s. 6d. —Pinchback, 53, Guildford Road, Greenwich.

Mrs. Stainfield, 80, Wells Street, Camberwell, buys CAST-OFF CLOTHING of all descriptions.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

For Sale, NAVY ALPACA SKIRT, with silk bretelles and waistband; all new. M3736

Sale.—BLACK STRAW HAT, trimmed chiffon and red roses; fashionable shape; 2s. 6d. M3735

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 293, King's Road, Chelsea.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith. Warehouseman, 128A, Albert Road, Portsmouth.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—26, Homecroft Road, Sydenham.

ARTISTIC MILLINERY. — Smith and Everest, 3, Cancell Road, Brixton.

EMBROIDERED BLOUSES from 6s. 11d. —Miss Hammond, 20, Mount Pleasant, W.C.

LADIES SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

OPERA CLOAKS, PARTY DRESSES, worn few times.—Violet, 71, Oakfield Road, Anerley.

NEEDLEWORK, DRESSMAKERS, &c.

DRESSMAKER, daily. Town, country, ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

Millicent Wright, 45, Artesian Road, Westbourne Grove, W., LADIES' MATERIALS. Moderate.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

ART NEEDLEWORK. Private lessons given (10s. 6d. a term, 1s. 6d. single lessons). Ladies' work commenced for example, or completed. Moderate charges.—Miss Shield, 11, St. Marks Crescent, Regent's Park, N.W.

LESSONS IN DRESS-CUTTING.—Dressmaking, 7s. 6d. term. Certificated. —166, Shakespeare Crescent, Manor Park.

DRESSMAKER. Daily or at home.—Mrs. England, 440, Edgware Road, W.

DRESSMAKER, daily: dresses, blouses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

ART NEEDLEWORK TAUGHT, 10s. 6d. quarter, 1s. 6d. lesson.—25, Mysore Road, Lavender Hill, Clapham.

DRESSMAKING and RENOVATIONS at ladies' houses or at home.—Mrs. McCarthy, D108, Queen Street Buildings, Edgware Road, W.

Mrs. Reed, COSTUMIER, Stanton, 1a, Calverly Road, Eastbourne.—Ladies' materials, renovations, moderate.

Joan Comerford, DRESSMAKER. Perfect fit; terms moderate.—220, Dalling Road, Shepherd's Bush.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

DRESSMAKER, Daily or at home.—Miss Vinter, 13, Osborne Villas, Hove.

Madame White. ARTISTIC BLOUSES, DAY and EVENING GOWNS, renovations, good fit.—299, King's Road, Chelsea, S.W.

SKIRTS AND BLOUSES for sale.—Fillicette, 18, Barrowhill Road, St. John's Wood.

DRESSMAKER, Daily, or at home. Experienced. — Miss Connery, 14, Kay Road, Stockwell, S.W.

Wanted parcel of BABY'S LONG CLOTHES, good condition.—M, 487, Fulham Palace Road.

Mrs. Harlow, GOOD DRESSMAKER; ladies' houses -232, Ashmore Road, Maida Hill, W.

HOME DRESSCUTTING AND MAKING TAUGHT; experienced teacher; practical dressmaker. Tailors' or Guerre system.—D., 120, Seymour Road, Harringay.

CERTIFICATED TEACHER OF DRESSMAKING. Guerre system.—F., 69, Rhyl Street, N.W.

BLOUSES. — Ladies' materials; perfect fit and finish; exceptional testimonials for promptness and reasonable charges.—Madame Course, Rushden.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

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DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. NOVEMBER, 1908.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Miss Coward, 82, Camden Road, N.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Miss Hadfield, 69, Alexander Road, Upper Holloway, N.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Mrs. James, 106, Southlands Road, Bromley, Kent.
Miss Louise, 168, Church Street, Kensington, W.
Mrs. McCarthy, D108, Queen's Street Buildings, Edgware Road, W.
Miss Norman, 2, Pownall Road, Fulham, S.W.
Miss Peacock, 60, Victoria Road, Stroud Green, N.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss E. Robinson, 69, St. Thomas Road, Finsbury Park, N.
Miss Saward, 44, Shirlock Road, Hampstead, N.W.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss Sullivan, 19, St. Paul's Road, Canonbury, N.
Miss Tucker, 98, Mornington Road, Leytonstone, N.E.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Mrs. L. Bedford, 166, Shakespeare Crescent, Manor Park, E.
Madame Eugenié Baroux, 39, Arthur Road, Tollington Road, N.
Madame Clare, 1, New Quebec Street, Marble Arch, W.
Miss Clinch, 18, Barrow Hill Road, St. John's Wood, N.W.
Miss Joan J. Comerford, 220, Dalling Road, Shepherd's Bush, W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Mrs. England, 440, Edgware Road, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Miss Maud Lee, 89, Warwick Street, Belgravia, S.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Newbury, 7, Highgate Road, Kentish Town, N.W.
Laura Norman, 2, Pownall Road, Fulham, S.W.
Miss A. B. Polley, 54, Lothrop Street, Queen's Park Estate, W.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Nina Swancott, 15, Delamere Cres., Westbourne Sq., Paddington, W.
Miss Vinter, 13, Osborne Villas, Hove.
Miss Walker, 66, Natal Road, Streatham, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Miss Drake, 122, Great Western Road, Bayswater.
Mrs. Dye, 31, Queen's Road, Peckham, S.E.
Emilie, 185, Westbourne Grove, W.
Mrs. J. Etherton, 137, Northcote Road, Clapham Junction.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Markham, 1, Hazlitt Road, West Kensington.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Sharnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

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